

**Juttercup records****Heren, alg.**

vrije slag

50m	35.54	Zendé Rensch	23/10/2022	Den Helder
100m	55.39	Tjeerd van Stein	28/10/2018	Den Helder
200m	2:04.63	Collin Schouten	27/10/2019	Den Helder
400m	4:28.02	David Da Silva Miranda	10/10/2021	Den Helder

rugslag

50m	40.11	Mika Hebing	28/10/2018	Den Helder
100m	1:03.77	Boyd Wijkman	29/10/2017	Den Helder
200m	2:17.31	Makai van Haren	28/10/2018	Den Helder

schoolslag

50m	40.83	Jip Bakker	30/10/2016	Den Helder
100m	1:12.43	Tycho de Jonge	10/10/2021	Den Helder
200m	2:32.32	Wytse Broekstra	10/10/2021	Den Helder

vlinderslag

100m	1:01.71	Jelmar Koopman	30/10/2016	Den Helder
200m	2:14.97	Jelmar Koopman	30/10/2016	Den Helder

wisselslag

100m	1:25.55	Jip Bakker	30/10/2016	Den Helder
200m	2:16.85	Tjeerd Stein	28/10/2018	Den Helder
400m	4:54.94	Collin Schouten	27/10/2019	Den Helder

Dames, alg.

vrije slag

50m	33.44	Romee Smit	10/10/2021	Den Helder
100m	1:00.61	Danique Bernard	30/10/2016	Den Helder
200m	2:16.42	Sara Korhuis	27/10/2019	Den Helder
400m	4:39.61	Amber van der Kruk	28/10/2018	Den Helder

rugslag

50m	36.48	Nikki Hofland	27/10/2019	Den Helder
100m	1:08.38	Floor Hogervorst	23/10/2022	Den Helder
200m	2:29.71	Eline van Rijn	23/10/2022	Den Helder

schoolslag

50m	44.22	Amber Kunst	27/10/2019	Den Helder
100m	1:17.15	Rafaëla Mulders	23/10/2022	Den Helder
200m	2:48.65	Kim de Jong	30/10/2016	Den Helder

vlinderslag

100m	1:10.09	Danique Bernard	30/10/2016	Den Helder
200m	2:40.46	Pascalie Smal	23/10/2022	Den Helder

wisselslag

100m	1:20.99	Nikki Hofland	27/10/2019	Den Helder
200m	2:29.82	Floor Hogervorst	23/10/2022	Den Helder
400m	5:28.79	Brit Brandsma	30/10/2016	Den Helder

Korte baan (25m)**Korte baan (25m)**