

Provinciaal Kampioenschap NH dl 1
Amsterdam, 14- - 15-5-2022

Programmanr. 1
14-5-2022 - 13:30

Dames, 100m vlinderslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|----------------------------|---|----------------------|---------|-----------|----------------|------|
| Junioren 1 en 2 | | | | | | |
| 1. | Puck van Wees | De Dolfijn | 1:21.44 | 200901020 | 1:20.43 | |
| 2. | Isis Verhoeff | De Otters Het Gooi | 1:18.62 | 200902962 | 1:23.01 | |
| 3. | Patricia de Leu | De Reuring | 1:30.45 | 200900982 | 1:26.74 | |
| 4. | Linou van Kampen | Zpch | 1:31.29 | 201000594 | 1:27.47 | FJ 1 |
| 5. | Eva Leuerman | Daw | 1:30.87 | 200901216 | 1:27.47 | FJ 2 |
| 6. | Amber Kunst | Daw | 1:21.26 | 200900680 | 1:27.49 | |
| 7. | Yara van Asselen | De Dolfijn | 1:21.16 | 200900408 | 1:28.35 | |
| 8. | Liv van Wilgen | Kon AZ 1870 | 1:34.97 | 200901578 | 1:28.38 | |
| 9. | Flo Streep | Daw | 1:34.09 | 200900676 | 1:31.82 | |
| 10. | Carla Moreno Palacios | De Dolfijn | 1:35.51 | 201002302 | 1:32.54 | |
| 11. | Liana Wetzlaugk | De Dolfijn | 1:29.42 | 200902398 | 1:34.39 | |
| 12. | Dewi Meijer | De Dolfijn | 1:26.44 | 201000302 | 1:34.63 | |
| 13. | Dante van Meene | Daw | 1:34.69 | 200900678 | 1:37.31 | |
| 14. | Jasmijn van Ederen | Zv de Ham | 1:34.66 | 201000434 | 1:39.23 | |
| 15. | Anne Somers | De Otters Het Gooi | 1:34.37 | 200901640 | 1:39.73 | |
| DIS | Nikki Hofland | MSV-Zeemacht | 1:21.53 | 200900244 | | |
| | <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | | |
| AFGEM | Megan Snoek | De Dolfijn | 1:22.48 | 200900888 | | |
| Junioren 3 en 4 | | | | | | |
| 1. | Angelina Rolman | De Dolfijn | 1:03.99 | 200701972 | 1:06.69 | |
| 2. | Rafaëla Mulders | De Reuring | 1:11.60 | 200701398 | 1:11.66 | |
| 3. | Britt Colijn | ZV New Wave Almere | 1:09.43 | 200700544 | 1:12.37 | |
| 4. | Emma Rose Buitenkamp | De Dolfijn | 1:12.77 | 200801898 | 1:12.91 | |
| 5. | Pascalie Smal | Daw | 1:13.58 | 200802958 | 1:14.09 | |
| 6. | Eefje Irvine | De Dolfijn | 1:14.08 | 200700164 | 1:15.13 | |
| 7. | Inger van Oord | ZV Haerlem | 1:11.93 | 200703912 | 1:15.52 | |
| 8. | Lillian Green | De Dolfijn | 1:11.76 | 200704534 | 1:17.11 | |
| 9. | Libhin Boon | Daw | 1:14.17 | 200701792 | 1:17.20 | |
| 10. | Mirre van Wijngaarden | De Dolfijn | 1:16.40 | 200800262 | 1:17.53 | |
| 11. | Bette Peetoom | Daw | 1:19.62 | 200801808 | 1:17.75 | |
| 12. | Pippi Achterberg | Oceanus | 1:20.10 | 200700902 | 1:19.44 | |
| 13. | Rebecca van Oosterom | IJsselmeer | 1:20.89 | 200700808 | 1:19.79 | |
| 14. | Ayse Mayda | Team Noord Holland 1 | 1:17.69 | 200800514 | 1:21.82 | |
| 15. | Sophia Wu | De Meeuwen Diemen | 1:22.90 | 200801296 | 1:25.50 | |
| Jeugd 1 en 2 | | | | | | |
| 1. | Evy Rozeboom | Daw | 1:03.46 | 200601338 | 1:06.56 | |
| 2. | Francesca Coppo | De Dolfijn | 1:07.25 | 200501242 | 1:08.48 | |
| 3. | Melissa Odemis | De Dolfijn | 1:06.92 | 200602422 | 1:09.26 | |
| 4. | Famke Irvine | De Otters Het Gooi | 1:07.42 | 200501724 | 1:10.29 | |
| 5. | Yuan Swart | De Otters Het Gooi | 1:12.64 | 200604754 | 1:13.44 | |
| 6. | Emma Riemers | MSV-Zeemacht | 1:11.90 | 200500748 | 1:13.86 | |
| 7. | Isabella Grijseels | ZV New Wave Almere | 1:13.73 | 200502678 | 1:15.88 | |
| 8. | Floortje van Schaik | De Meeuwen Diemen | 1:16.04 | 200602294 | 1:18.25 | |
| 9. | Marline Koopmans | De Otters Het Gooi | 1:15.33 | 200603656 | 1:20.20 | |
| Senioren 1 en ouder | | | | | | |
| 1. | Elise Tanis | De Dolfijn | 1:00.41 | 200200120 | 1:02.21 | |
| 2. | Serena Stel | De Dolfijn | 1:02.18 | 199801528 | 1:04.26 | |
| 3. | Tessa Vermeulen | De Dolfijn | 1:04.35 | 199800068 | 1:05.41 | |
| 4. | Femke Hoppenbrouwer | De Dolfijn | 1:04.44 | 200301124 | 1:06.08 | |
| 5. | Amber Celie | De Dolfijn | 1:04.08 | 200300756 | 1:06.12 | |
| 6. | Alysha de Jong | Zpch | 1:08.28 | 200400086 | 1:08.53 | |
| 7. | Melina Carrillo Moreno | Team Noord Holland 1 | 1:10.62 | 200300880 | 1:13.14 | |
| 8. | Jade Broek | Oeza | 1:09.19 | 199702300 | 1:13.38 | |

Provinciaal Kampioenschap NH dl 1
Amsterdam, 14- - 15-5-2022

Programmanr. 2
14-5-2022 - 13:44

Heren, 100m vrije slag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------------------------|-----------------------|---------------------------|---------|-----------|----------------|
| Junioren 1 en 2 | | | | | |
| 1. | Giovanni Phillipson | Team Noord Holland 1 | 56.26 | 200801099 | 55.55 |
| 2. | Rens Noordover | Team Noord Holland 1 | 59.29 | 200800237 | 59.94 |
| 3. | Willem Weustink | Team Noord Holland 1 | 1:00.98 | 200800109 | 59.99 |
| 4. | Cruz de Groot | Team Noord Holland 1 | 1:00.04 | 200801077 | 1:03.08 |
| 5. | Suraj Baladurage | Team Noord Holland 1 | 1:04.65 | 200801291 | 1:03.55 |
| 6. | Finn Hilders | De Dolfijn | 1:05.02 | 200900283 | 1:03.78 |
| 7. | Tibbe Quist | Kon AZ 1870 | 1:05.08 | 200801359 | 1:04.06 |
| 8. | Ario Mirza | De Dolfijn | 1:03.22 | 200801175 | 1:04.09 |
| 9. | Jelte de Jong | Zpch | 1:05.66 | 200900975 | 1:05.07 |
| 10. | Eito Sakaguchi | AZ&PC De Futen | 1:05.35 | 200902905 | 1:05.15 |
| 11. | Adam Ayari | Oeza | 1:05.58 | 200802797 | 1:05.30 |
| 12. | Isaiah Koningsbloem | Team Noord Holland 1 | 1:07.93 | 200800127 | 1:05.41 |
| 13. | Daniël Wegman | Oceanus | 1:05.68 | 200802843 | 1:05.61 |
| 14. | Alexander Griston | De Dolfijn | 1:05.41 | 200803053 | 1:05.91 |
| 15. | Ties Hesse | Team Noord Holland 1 | 1:07.41 | 200901015 | 1:06.15 |
| 16. | Dinand Kop | Zv de Ham | 1:05.94 | 200901001 | 1:07.22 |
| 17. | Steven Knol | WZ&PC Triton | 1:07.73 | 200900543 | 1:07.99 |
| 18. | Alex Kuijper | Oeza | 1:08.50 | 200802137 | 1:08.00 |
| 19. | Joshua van den Idsert | Daw | 1:07.67 | 200801919 | 1:08.08 |
| 20. | Sven Bakker | Team Noord Holland 1 | 1:07.48 | 200900085 | 1:08.16 |
| 21. | Amos Sabag | De Dolfijn | 1:07.06 | 200801791 | 1:08.23 |
| 22. | Mike Hilders | De Dolfijn | 1:08.35 | 200900281 | 1:08.76 |
| 23. | Daan de Jongh | ZV New Wave Almere | 1:07.10 | 200800269 | 1:09.13 |
| 24. | Bram Oudendijk | Daw | 1:12.96 | 200900185 | 1:10.65 |
| 25. | Jelmer Miedema | IJsselmeer | 1:13.14 | 200800467 | 1:11.59 |
| 26. | Mika Hebing | WZ&PC Purmerend | 1:09.94 | 200800027 | 1:11.82 |
| 27. | Lucas Schouten | Zpch | 1:10.31 | 200901925 | 1:12.28 |
| 28. | Tim Meeuwissen | Zpch | 1:11.53 | 200901741 | 1:13.38 |
| 29. | Koen van der Puij | AZ&PC De Futen | 1:16.44 | 200802961 | 1:13.91 |
| 30. | Owen Glover | De Otters Het Gooi | 1:14.01 | 200901913 | 1:13.97 |
| 31. | Lucas de Vries | De Dolfijn | 1:17.82 | 200802025 | 1:15.01 |
| 32. | Figo van Duuren | Zpch | 1:16.16 | 200800391 | 1:15.63 |
| 33. | Rens Fischer | Enkhuizer Zwem Vereniging | 1:16.17 | 200802145 | 1:15.90 |
| 34. | Brian Bloemsma | Zpch | 1:16.60 | 200901155 | 1:21.32 |
| AFGEM | Nawin Aria | De Dolfijn | 1:11.43 | 200803123 | |

Junioren 3 en 4

| | | | | | |
|-----|----------------------|----------------------|---------|-----------|----------------|
| 1. | Bram Loots | Team Noord Holland 1 | 54.44 | 200700197 | 55.10 |
| 2. | Nándor Szabó | De Dolfijn | 55.60 | 200700475 | 56.85 |
| 3. | Mike Tjepkema | ZV Haerlem | 56.70 | 200603029 | 57.85 |
| 4. | Marnix Rietveld | ZV Haerlem | 56.91 | 200700939 | 57.86 |
| 5. | Tijn Hilders | De Dolfijn | 57.64 | 200700027 | 59.10 |
| 6. | Feico de Jonge | Team Noord Holland 1 | 58.48 | 200600047 | 59.95 |
| 7. | Pedro Filipini | AZ&PC De Futen | 1:03.59 | 200603863 | 1:01.10 |
| 8. | Ruben van Deenen | Zpch | 57.85 | 200603757 | 1:01.22 |
| 9. | Jaimie van Asselen | De Dolfijn | 1:01.42 | 200602535 | 1:03.16 |
| 10. | Jidde Rademaker | De Reuring | 1:03.96 | 200603619 | 1:03.19 |
| 11. | Lars Kool | Daw | 1:00.83 | 200700511 | 1:03.47 |
| 12. | Vincent Schweitzer | Daw | 1:01.92 | 200601857 | 1:03.60 |
| 13. | Eric van Heezick | MSV-Zeemacht | 1:04.94 | 200602975 | 1:03.78 |
| 14. | Alex Kossen | ZV Haerlem | 1:04.57 | 200701863 | 1:04.09 |
| 15. | Rafael Fichtner | AZ&PC De Futen | 1:06.74 | 200702841 | 1:04.56 |
| 16. | Derek Smit | De Reuring | 1:03.66 | 200702055 | 1:04.72 |
| 17. | Merijn Verhoeff | De Otters Het Gooi | 1:04.89 | 200604065 | 1:04.73 |
| 18. | Thijmen van Boheemen | MSV-Zeemacht | 1:06.20 | 200700231 | 1:04.81 |
| 19. | Lou van Leeuwen | De Dolfijn | 1:06.64 | 200702779 | 1:04.90 |
| 20. | Nima Muktan | AZ&PC De Futen | 1:04.63 | 200702621 | 1:05.05 |
| 21. | Tobias Tamm | AZ&PC De Futen | 1:08.13 | 200703631 | 1:05.21 |
| 22. | Wessel Bolte | WZ&PC Triton | 1:05.67 | 200701919 | 1:05.57 |
| 23. | Dennis Najetovic | Daw | 1:03.55 | 200700897 | 1:05.68 |
| 24. | Mike Kloth | MSV-Zeemacht | 1:07.04 | 200602015 | 1:06.03 |
| 25. | Stijn Kleijn | Oceanus | 1:05.98 | 200701737 | 1:06.49 |
| 26. | Twan Nigten | Zpch | 1:05.45 | 200604255 | 1:07.99 |

Provinciaal Kampioenschap NH dl 1
Amsterdam, 14- - 15-5-2022

Programmanr. 2, Jongens, 100m vrije slag, Junioren 3 en 4

| rang | naam | vereniging | intijd | | | tijd | RT |
|------|----------------|--------------|---------|-----------|----|----------------|-----|
| 27. | Christoph Smit | MSV-Zeemacht | 1:14.79 | 200702629 | S8 | 1:17.88 | 416 |

Jeugd 1 en 2

| | | | | | | | |
|-------|----------------------|----------------------|---------|-----------|----|----------------|--|
| 1. | Emiel van Oord | De Dolfijn | 53.19 | 200503707 | | 54.90 | |
| 2. | Bart de Waard | ZV Haerlem | 55.79 | 200403969 | | 55.10 | |
| 3. | Tycho de Jonge | Team Noord Holland 1 | 54.02 | 200400411 | | 55.90 | |
| 4. | Matthew O'Sullivan | De Dolfijn | 58.68 | 200502609 | | 59.14 | |
| 5. | Lucas Douwma | Zpch | 57.29 | 200401337 | | 59.20 | |
| 6. | Andrei Turta | ZV New Wave Almere | 56.04 | 200404549 | | 59.53 | |
| 7. | Jasper Camphuijnder | Oeza | 58.00 | 200502367 | | 59.60 | |
| 8. | Leon van Gelder | WZ&PC Purmerend | 57.28 | 200500621 | | 59.64 | |
| 9. | Shawn Klas | Kon AZ 1870 | 57.05 | 200402005 | | 59.82 | |
| 10. | Leon Moreira Pereira | Kon AZ 1870 | 58.65 | 200504001 | | 1:00.21 | |
| 11. | Owen Michels | De Amstel | 59.83 | 200402293 | | 1:00.92 | |
| 12. | Giljano Palm | Kon AZ 1870 | 59.70 | 200403637 | | 1:01.50 | |
| 13. | Thijmen Wender | Team Noord Holland 1 | 1:01.29 | 200502339 | | 1:04.45 | |
| AFGEM | Josh Renkema | De Otters Het Gooi | 1:29.58 | 200402537 | S6 | | |

Senioren 1 en ouder

| | | | | | | | |
|-------|------------------|----------------------|-------|-----------|--|--------------|--|
| 1. | Tim Hoogerwerf | De Dolfijn | 48.75 | 200005587 | | 51.54 | |
| 2. | Jesse van der A | De Dolfijn | 49.28 | 199905303 | | 51.93 | |
| 3. | Felix Geenen | Daw | 51.81 | 199501085 | | 54.62 | |
| 4. | Nino Sieling | De Dolfijn | 50.97 | 199701845 | | 54.69 | |
| 5. | Faissal Laghrich | Kon AZ 1870 | 55.48 | 200301885 | | 55.46 | |
| 6. | Rik Hofland | Team Noord Holland 1 | 56.60 | 199701737 | | 55.50 | |
| 7. | Nick Sijmons | De Amstel | 54.91 | 199500491 | | 57.45 | |
| 8. | Jeroen Jongert | Oeza | 55.85 | 199600445 | | 57.64 | |
| 9. | Finn Vos | De Dolfijn | 52.89 | 200200665 | | 57.67 | |
| 10. | Remco de Heij | Zpch | 56.73 | 200200161 | | 58.81 | |
| AFGEM | Sohrab Shirzad | Oceanus | 54.84 | 199904847 | | | |
| AFGEM | Mathys Goosen | De Dolfijn | 51.47 | 199605695 | | | |
| AFGEM | Bart Sommeling | De Dolfijn | 49.25 | 199800765 | | | |
| AFGEM | Sander Dorland | Team Noord Holland 1 | 55.16 | 199902643 | | | |

Programmanr. 3
14-5-2022 - 14:05

Dames, 200m schoolslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 100m | 200m |
|------------------------|-------------------|--------------------|---------|-----------|----------------|---------|---------|
| Junioren 1 en 2 | | | | | | | |
| 1. | Amber Kunst | Daw | 3:00.29 | 200900680 | 3:00.83 | 1:27.79 | 3:00.83 |
| 2. | Jenny Muntinga | Zpch | 3:00.13 | 200900450 | 3:02.43 | 1:26.93 | 3:02.43 |
| 3. | Madeleine Bertram | WZ&PC Purmerend | 3:09.66 | 200900516 | 3:12.80 | 1:32.86 | 3:12.80 |
| 4. | Dante van Meene | Daw | 3:18.20 | 200900678 | 3:13.00 | 1:33.60 | 3:13.00 |
| 5. | Flo Streep | Daw | 3:11.94 | 200900676 | 3:17.18 | 1:35.26 | 3:17.18 |
| 6. | Linou van Kampen | Zpch | 3:22.90 | 201000594 | 3:20.73 | 1:37.69 | 3:20.73 |
| 7. | Eva Leuerman | Daw | 3:23.46 | 200901216 | 3:24.52 | 1:39.09 | 3:24.52 |
| 8. | Wieke Dekker | De Dolfijn | 3:30.70 | 201002020 | 3:26.72 | 1:40.62 | 3:26.72 |
| 9. | Yasmine Trommel | IJsselmeer | 3:32.79 | 200902516 | 3:31.04 | 1:40.00 | 3:31.04 |
| 10. | Kate Verburg | Zpch | 3:27.20 | 200903204 | 3:31.83 | 1:42.39 | 3:31.83 |
| 11. | Mette Boorsma | De Otters Het Gooi | 3:30.58 | 200900186 | 3:32.49 | 1:43.28 | 3:32.49 |
| 12. | Rosina Kromhout | Daw | 3:32.52 | 200902490 | 3:33.74 | 1:44.15 | 3:33.74 |
| 13. | Nora Vos | IJsselmeer | 3:32.21 | 200903532 | 3:35.49 | 1:43.42 | 3:35.49 |
| 14. | Roos Hofman | De Otters Het Gooi | 3:32.93 | 200903296 | 3:38.41 | 1:46.36 | 3:38.41 |
| 15. | Anne Somers | De Otters Het Gooi | 3:36.45 | 200901640 | 3:39.08 | 1:49.21 | 3:39.08 |
| 16. | Dewi Meijer | De Dolfijn | 3:24.00 | 201000302 | 3:42.73 | 1:48.38 | 3:42.73 |
| AFGEM | Megan Snoek | De Dolfijn | 3:15.42 | 200900888 | | | |

Provinciaal Kampioenschap NH dl 1
Amsterdam, 14- - 15-5-2022

Programmanr. 3, Dames, 200m schoolslag

Junioren 3 en 4

| | | | | | | | | |
|-------|----------------------|---------------------------|---------|-----------|----------------|---------|---------|---------|
| 1. | Meret Caspers | ZV Haerlem | 2:49.90 | 200802826 | 2:58.47 | 1:25.53 | 2:58.47 | |
| 2. | Eline van Rijn | Daw | 2:57.97 | 200700918 | 3:02.57 | 1:28.39 | 3:02.57 | |
| 3. | Puck Stassen | ZV Haerlem | 3:05.24 | 200801456 | 3:08.26 | 1:32.16 | 3:08.26 | |
| 4. | Tara de Jong | Daw | 3:04.82 | 200701574 | 3:11.53 | 1:33.05 | 3:11.53 | |
| 5. | Dewi ten Have | Zpch | 3:07.79 | 200703738 | 3:13.54 | 1:34.28 | 3:13.54 | |
| 6. | Rebecca van Oosterom | Ijsselmeer | 3:16.29 | 200700808 | 3:13.72 | 1:33.01 | 3:13.72 | |
| 7. | Floortje van 't Wout | De Dolfijn | 2:58.38 | 200802286 | 3:13.99 | 1:33.59 | 3:13.99 | |
| 8. | Senna van Laar | De Dolfijn | 3:08.23 | 200700726 | 3:18.05 | 1:34.93 | 3:18.05 | |
| 9. | Sofya Kuznetsova | De Dolfijn | 3:06.03 | 200704458 | 3:18.64 | 1:34.06 | 3:18.64 | |
| 10. | Jennifer de Vries | Enkhuizer Zwem Vereniging | 3:15.40 | 200700736 | 3:20.03 | FJ 1 | 1:36.66 | 3:20.03 |
| 11. | Emma Marsman | MSV-Zeemacht | 3:16.17 | 200800814 | 3:20.03 | FJ 2 | 1:38.22 | 3:20.03 |
| 12. | Maddalena Coppo | De Dolfijn | 3:13.99 | 200803788 | 3:23.85 | | 1:39.43 | 3:23.85 |
| 13. | Ilana van der Putten | AZ&PC De Futen | 3:18.08 | 200701152 | 3:24.93 | | 1:39.09 | 3:24.93 |
| AFGEM | Aukje Grijseels | ZV New Wave Almere | 2:52.84 | 200701208 | | | | |

Jeugd 1 en 2

| | | | | | | | |
|-------|-----------------------|----------------------|---------|-----------|----------------|---------|---------|
| 1. | Djanilla Brink | De Dolfijn | 2:37.84 | 200600988 | 2:40.44 | 1:16.81 | 2:40.44 |
| 2. | Linde van Wijngaarden | De Dolfijn | 2:56.05 | 200601372 | 3:01.47 | 1:28.01 | 3:01.47 |
| 3. | Yuan Swart | De Otters Het Gooi | 2:57.36 | 200604754 | 3:02.00 | 1:28.98 | 3:02.00 |
| 4. | Dido Toornend | ZV Haerlem | 3:00.15 | 200501718 | 3:04.73 | 1:28.85 | 3:04.73 |
| 5. | Frédérique Bais | MSV-Zeemacht | 3:06.16 | 200505160 | 3:09.30 | 1:29.52 | 3:09.30 |
| 6. | Nicole Stahli | De Dolfijn | 3:02.74 | 200600542 | 3:10.20 | 1:30.49 | 3:10.20 |
| 7. | Marit Hakvoort | Team Noord Holland 1 | 3:04.79 | 200601062 | 3:12.94 | 1:29.53 | 3:12.94 |
| AFGEM | Joy Willekus | De Dolfijn | 2:41.45 | 200602420 | | | |

Senioren 1 en ouder

| | | | | | | | |
|----|----------------|----------------------|---------|-----------|----------------|---------|---------|
| 1. | Yvette Buis | De Dolfijn | 2:37.89 | 200401830 | 2:49.23 | 1:19.92 | 2:49.23 |
| 2. | Chantal Beijer | Team Noord Holland 1 | 2:49.66 | 199700884 | 2:55.87 | 1:23.37 | 2:55.87 |
| 3. | Xena Gijzen | ZV Haerlem | 2:52.02 | 200200776 | 3:03.61 | 1:27.45 | 3:03.61 |

Programmanr. 4
14-5-2022 - 14:29

Heren, 200m vlinderslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 100m | 200m |
|------------------------|---------------------|----------------------|---------|-----------|----------------|---------|---------|
| Junioren 3 en 4 | | | | | | | |
| 1. | Bram Loots | Team Noord Holland 1 | 2:18.73 | 200700197 | 2:19.64 | 1:04.83 | 2:19.64 |
| 2. | Rafael Fichtner | AZ&PC De Futen | 2:40.98 | 200702841 | 2:43.15 | 1:16.71 | 2:43.15 |
| 3. | Floris van der Salm | De Dolfijn | 2:41.51 | 200700705 | 2:47.49 | 1:16.52 | 2:47.49 |
| 4. | Vincent Schweitzer | Daw | 2:38.96 | 200601857 | 2:48.03 | 1:18.52 | 2:48.03 |

Jeugd 1 en 2

| | | | | | | | |
|----|--------------------|-------------|---------|-----------|----------------|---------|---------|
| 1. | Maurits van Bommel | Kon AZ 1870 | 2:31.66 | 200401089 | 2:46.64 | 1:15.71 | 2:46.64 |
|----|--------------------|-------------|---------|-----------|----------------|---------|---------|

Senioren 1 en ouder

| | | | | | | | |
|----|-------------------|-----------|---------|-----------|----------------|---------|---------|
| 1. | Nick Sijmons | De Amstel | 2:14.76 | 199500491 | 2:22.04 | 1:10.05 | 2:22.04 |
| 2. | Thomas Vastenhouw | Zpch | 2:23.14 | 200204545 | 2:45.36 | 1:10.64 | 2:45.36 |

Provinciaal Kampioenschap NH dl 1
Amsterdam, 14- - 15-5-2022

Programmanr. 5
14-5-2022 - 14:32

Dames, 50m vrije slag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|------------------------|-----------------------|----------------------|--------|-----------|--------------|------|
| Junioren 1 en 2 | | | | | | |
| 1. | Madeleine Bertram | WZ&PC Purmerend | 29.90 | 200900516 | 30.43 | |
| 2. | Isis Verhoeff | De Otters Het Gooi | 30.50 | 200902962 | 30.76 | |
| 3. | Jenny Muntinga | Zpch | 29.73 | 200900450 | 30.83 | |
| 4. | Nikki Hofland | MSV-Zeemacht | 30.23 | 200900244 | 30.84 | |
| 5. | Mette Boorsma | De Otters Het Gooi | 31.15 | 200900186 | 30.88 | |
| 6. | Yara van Asselen | De Dolfijn | 30.30 | 200900408 | 31.27 | |
| 7. | Ella Gray | De Dolfijn | 32.50 | 200903654 | 31.44 | |
| 8. | Puck van Wees | De Dolfijn | 30.87 | 200901020 | 31.57 | |
| 9. | Liana Wetzlaugk | De Dolfijn | 30.01 | 200902398 | 31.74 | |
| 10. | Dewi Meijer | De Dolfijn | 32.14 | 201000302 | 32.30 | |
| 11. | Eva Leuerman | Daw | 32.69 | 200901216 | 32.38 | |
| 12. | Patricia de Leu | De Reuring | 31.45 | 200900982 | 32.49 | |
| 13. | Carla Moreno Palacios | De Dolfijn | 31.64 | 201002302 | 32.56 | |
| 14. | Linou van Kampen | Zpch | 32.89 | 201000594 | 32.58 | |
| 15. | Flo Streep | Daw | 33.19 | 200900676 | 32.77 | |
| 16. | Estée Drolinga | Zv Aquawaard | 34.20 | 201000766 | 33.96 | |
| 17. | Abby Kootstra | WZ&PC Triton | 32.91 | 201000264 | 34.00 | |
| | Dante van Meene | Daw | 33.29 | 200900678 | 34.00 | |
| 19. | Celine Man-a-Hing | AZ&PC De Futen | 34.17 | 200901132 | 34.04 | |
| 20. | Liv van Wilgen | Kon AZ 1870 | 33.66 | 200901578 | 34.36 | |
| 21. | Roos Hofman | De Otters Het Gooi | 35.31 | 200903296 | 34.57 | |
| 22. | Yuna van den Idsert | Daw | 35.97 | 201001196 | 34.64 | |
| 23. | Noëmi Kroon | Zpch | 36.35 | 201000596 | 34.73 | |
| 24. | Nora Vos | IJsselmeer | 36.11 | 200903532 | 34.76 | |
| 25. | Olivia van Kempen | AZ&PC De Futen | 38.38 | 200901540 | 34.92 | |
| 26. | Anne Somers | De Otters Het Gooi | 33.57 | 200901640 | 34.95 | |
| 27. | Yasmine Trommel | IJsselmeer | 36.01 | 200902516 | 35.05 | |
| 28. | Femke Stecher | WZ&PC Triton | 36.51 | 200901236 | 35.09 | |
| 29. | Dana Halff | Zv de Ham | 33.76 | 201000392 | 35.26 | |
| 30. | Wieke Dekker | De Dolfijn | 36.74 | 201002020 | 35.60 | |
| 31. | Wies Hermans | Zpch | 37.55 | 201000452 | 35.71 | |
| 32. | Soraya Lopes | Oceanus | 35.54 | 201000038 | 36.27 | |
| 33. | Amy van Noord | WZ&PC Triton | 37.14 | 200902614 | 36.70 | |
| 34. | Anouk Venema | WZ&PC Triton | 37.12 | 200900844 | 36.86 | |
| | Rosina Kromhout | Daw | 36.36 | 200902490 | 36.86 | |
| 36. | Jasmijn van Ederen | Zv de Ham | 36.99 | 201000434 | 37.00 | |
| 37. | Kate Verburg | Zpch | 36.31 | 200903204 | 37.49 | |
| 38. | Liv de Veld | De Amstel | 37.98 | 200903006 | 38.13 | |
| 39. | Lina Hani | MSV-Zeemacht | 36.77 | 201001452 | 38.53 | |
| 40. | Elisabeth Christensen | AZ&PC De Futen | 38.28 | 200902794 | 38.88 | |
| AFGEM | Chaya Bremer | MSV-Zeemacht | 36.53 | 200900372 | | |
| AFGEM | Megan Snoek | De Dolfijn | 30.49 | 200900888 | | |
| Junioren 3 en 4 | | | | | | |
| 1. | Angelina Rolman | De Dolfijn | 26.05 | 200701972 | 27.19 | |
| 2. | Emma Rose Buitenkamp | De Dolfijn | 27.45 | 200801898 | 28.30 | |
| 3. | Libhin Boon | Daw | 29.48 | 200701792 | 29.37 | |
| 4. | Eefje Irvine | De Dolfijn | 28.84 | 200700164 | 29.38 | |
| 5. | Bette Peetoom | Daw | 30.38 | 200801808 | 29.69 | |
| 6. | Floortje van 't Wout | De Dolfijn | 29.59 | 200802286 | 29.82 | FJ 1 |
| 7. | Eline van Rijn | Daw | 29.63 | 200700918 | 29.82 | FJ 2 |
| 8. | Mint van Wees | De Dolfijn | 30.00 | 200801328 | 29.94 | |
| 9. | Pippi Achterberg | Oceanus | 29.92 | 200700902 | 29.97 | |
| 10. | Marre Rademaker | De Reuring | 30.15 | 200801792 | 30.10 | |
| 11. | Mirre van Wijngaarden | De Dolfijn | 30.62 | 200800262 | 30.26 | |
| 12. | Inger van Oord | ZV Haerlem | 29.30 | 200703912 | 30.33 | |
| 13. | Naomi Horstman | De Meeuwen Diemen | 29.91 | 200700722 | 30.45 | |
| | Sofya Kuznetsova | De Dolfijn | 30.33 | 200704458 | 30.45 | |
| 15. | Lillian Green | De Dolfijn | 29.06 | 200704534 | 30.73 | |
| | Britt Colijn | ZV New Wave Almere | 29.64 | 200700544 | 30.73 | |
| 17. | Mara Koppen | Team Noord Holland 1 | 30.19 | 200800478 | 31.13 | |
| 18. | Ayse Mayda | Team Noord Holland 1 | 30.55 | 200800514 | 31.15 | |
| 19. | Guusje Winkel | Zpch | 31.11 | 200704012 | 31.31 | |
| 20. | Senna van Laar | De Dolfijn | 31.52 | 200700726 | 31.45 | |

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Programmanr. 5, Meisjes, 50m vrije slag, Junioren 3 en 4

| rang | naam | vereniging | intijd | | tijd | RT |
|------|----------------------|---------------------------|--------|-----------|--------------|----|
| 21. | Tara de Jong | Daw | 31.45 | 200701574 | 31.63 | |
| 22. | Sophia Wu | De Meeuwen Diemen | 31.59 | 200801296 | 31.65 | |
| 23. | Rebecca van Oosterom | IJsselmeer | 31.31 | 200700808 | 31.71 | |
| 24. | Chiara Caumon | De Otters Het Gooi | 30.39 | 200703266 | 31.72 | |
| 25. | Aukje Grijsseels | ZV New Wave Almere | 30.14 | 200701208 | 31.74 | |
| 26. | Nora de Hollander | Oceanus | 30.98 | 200702874 | 32.24 | |
| 27. | Meret Caspers | ZV Haerlem | 32.15 | 200802826 | 32.30 | |
| 28. | Pascale Goed | MSV-Zeemacht | 34.09 | 200800360 | 32.38 | |
| 29. | Kirsten Hartwijk | WZ&PC Purmerend | 32.82 | 200704194 | 32.49 | |
| 30. | Maya Petroustos | Team Noord Holland 1 | 32.48 | 200701814 | 32.66 | |
| 31. | Femke Paus | MSV-Zeemacht | 32.60 | 200701772 | 32.79 | |
| 32. | Jennifer de Vries | Enkhuizer Zwem Vereniging | 32.64 | 200700736 | 32.94 | |
| 33. | Dewi ten Have | Zpch | 31.88 | 200703738 | 33.01 | |
| 34. | Laura Dongen | WZ&PC Triton | 33.31 | 200701146 | 33.14 | |
| 35. | Kim van Wijk | WZ&PC Purmerend | 33.46 | 200702536 | 33.21 | |
| 36. | Nikki Dekker | AZ&PC De Futen | 33.45 | 200803680 | 33.37 | |
| 37. | Laura Roelofs | IJsselmeer | 34.20 | 200702050 | 33.96 | |
| 38. | Sophie Stahl | De Dolfijn | 35.24 | 200801202 | 34.29 | |
| 39. | Tamira Anna Rasban | Daw | 34.30 | 200801810 | 34.46 | |
| 40. | Lisanne Hakvoort | Team Noord Holland 1 | 34.11 | 200701664 | 34.65 | |
| 41. | Isabelle Toole | AZ&PC De Futen | 33.20 | 200801982 | 34.90 | |
| 42. | Emma Marsman | MSV-Zeemacht | 33.86 | 200800814 | 35.10 | |
| 43. | Noelle de Jong | AZ&PC De Futen | 33.77 | 200803828 | 35.39 | |
| 44. | Maddalena Coppo | De Dolfijn | 34.98 | 200803788 | 35.40 | |
| 45. | Elise DeLau | AZ&PC De Futen | 33.94 | 200704592 | 35.42 | |
| 46. | Ilana van der Putten | AZ&PC De Futen | 33.51 | 200701152 | 35.50 | |

Jeugd 1 en 2

| | | | | | | |
|-----|---------------------|----------------------|-------|-----------|--------------|------|
| 1. | Francesca Coppo | De Dolfijn | 27.13 | 200501242 | 27.69 | |
| 2. | Zea Wetzlaugk | De Dolfijn | 28.26 | 200604780 | 28.39 | |
| 3. | Melissa Odemis | De Dolfijn | 27.86 | 200602422 | 28.72 | |
| 4. | Kim Oudendijk | Daw | 28.53 | 200600964 | 28.77 | FJ 1 |
| 5. | Famke Irvine | De Otters Het Gooi | 28.88 | 200501724 | 28.77 | FJ 2 |
| 6. | Emma Riemers | MSV-Zeemacht | 28.06 | 200500748 | 29.00 | |
| 7. | Yuan Swart | De Otters Het Gooi | 29.71 | 200604754 | 30.13 | |
| 8. | Floortje van Schaik | De Meeuwen Diemen | 30.53 | 200602294 | 30.21 | |
| 9. | Tessa Hartel | WZ&PC Purmerend | 31.57 | 200602062 | 31.00 | |
| 10. | Frédérique Bais | MSV-Zeemacht | 30.71 | 200505160 | 31.57 | |
| 11. | Dido Toornend | ZV Haerlem | 30.37 | 200501718 | 31.72 | |
| 12. | Hiba Aboulas | De Dolfijn | 30.27 | 200600870 | 31.92 | |
| 13. | Isabella Grijsseels | ZV New Wave Almere | 30.93 | 200502678 | 31.97 | |
| 14. | Marit Hakvoort | Team Noord Holland 1 | 32.14 | 200601062 | 32.40 | |
| 15. | Nicole Stahl | De Dolfijn | 31.76 | 200600542 | 32.45 | |
| 16. | Marline Koopmans | De Otters Het Gooi | 31.60 | 200603656 | 32.63 | |

Senioren 1 en ouder

| | | | | | | |
|-------|------------------------|----------------------|-------|-----------|--------------|------|
| 1. | Valerie van Roon | De Dolfijn | 24.10 | 199802326 | 24.99 | |
| 2. | Elise Tanis | De Dolfijn | 25.62 | 200200120 | 26.36 | |
| 3. | Femke Hoppenbrouwer | De Dolfijn | 25.49 | 200301124 | 26.50 | FJ 1 |
| 4. | Imani de Jong | De Dolfijn | 25.85 | 200200464 | 26.50 | FJ 2 |
| 5. | Jonna Wieling | De Dolfijn | 25.96 | 200205266 | 27.54 | |
| 6. | Myrna van Duijven | De Dolfijn | 26.33 | 199900252 | 27.79 | |
| 7. | Amber Celie | De Dolfijn | 26.51 | 200300756 | 28.12 | |
| | Melina Carrillo Moreno | Team Noord Holland 1 | 27.38 | 200300880 | 28.12 | |
| 9. | Athina Economon | AZ&PC De Futen | 27.96 | 200402438 | 28.33 | |
| 10. | Yvette Buis | De Dolfijn | 28.55 | 200401830 | 29.38 | |
| 11. | Naomi Visser | Oceanus | 28.91 | 200304074 | 29.40 | |
| 12. | Jade Broek | Oeza | 28.50 | 199702300 | 29.67 | |
| 13. | Eline Hoekstra | Oeza | 28.51 | 200301280 | 29.68 | |
| 14. | Iris Seinen | WZ&PC Triton | 29.20 | 200201626 | 29.84 | |
| NG.ZA | Daphne ten Brink | Team Noord Holland 1 | 29.22 | 198500454 | | |

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Programmanr. 6
14-5-2022 - 14:50

Heren, 50m rugslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|----------------------------|-----------------------|----------------------|--------|-----------|--------------|------|
| Junioren 1 en 2 | | | | | | |
| 1. | Giovanni Phillipson | Team Noord Holland 1 | 27.57 | 200801099 | 28.53 | |
| 2. | Willem Weustink | Team Noord Holland 1 | 31.89 | 200800109 | 31.65 | |
| 3. | Tibbe Quist | Kon AZ 1870 | 33.88 | 200801359 | 34.21 | |
| 4. | Finn Hilders | De Dolfijn | 35.16 | 200900283 | 35.27 | |
| 5. | Suraj Baladurage | Team Noord Holland 1 | 34.70 | 200801291 | 35.28 | |
| 6. | Cruz de Groot | Team Noord Holland 1 | 34.37 | 200801077 | 35.65 | |
| 7. | Alex Kuijper | Oeza | 35.62 | 200802137 | 35.88 | FJ 1 |
| 8. | Jelmer Miedema | IJsselmeer | 36.44 | 200800467 | 35.88 | FJ 2 |
| 9. | Daniël Wegman | Oceanus | 36.58 | 200802843 | 36.11 | |
| | Eito Sakaguchi | AZ&PC De Futen | 34.29 | 200902905 | 36.11 | |
| 11. | Daan de Jongh | ZV New Wave Almere | 34.49 | 200800269 | 36.13 | |
| 12. | Sven Bakker | Team Noord Holland 1 | 34.93 | 200900085 | 36.57 | |
| 13. | Isaiah Koningsbloem | Team Noord Holland 1 | 35.31 | 200800127 | 37.00 | |
| 14. | Steven Knol | WZ&PC Triton | 36.82 | 200900543 | 37.30 | |
| 15. | Ties Hesse | Team Noord Holland 1 | 36.48 | 200901015 | 37.64 | |
| 16. | Mika Hebing | WZ&PC Purmerend | 36.87 | 200800027 | 38.03 | |
| 17. | Adam Ayari | Oeza | 36.09 | 200802797 | 38.28 | |
| 18. | Joshua van den Idsert | Daw | 38.01 | 200801919 | 39.16 | |
| 19. | Amos Sabag | De Dolfijn | 39.22 | 200801791 | 39.70 | |
| 20. | Tim Meeuwissen | Zpch | 37.53 | 200901741 | 40.48 | |
| AFGEM | Nawin Aria | De Dolfijn | 37.07 | 200803123 | | |
| Junioren 3 en 4 | | | | | | |
| 1. | Feico de Jonge | Team Noord Holland 1 | 30.45 | 200600047 | 31.39 | |
| 2. | Lars Kool | Daw | 33.80 | 200700511 | 33.37 | |
| 3. | Tijn Hilders | De Dolfijn | 32.96 | 200700027 | 34.33 | |
| 4. | Tobias Tamm | AZ&PC De Futen | 33.34 | 200703631 | 34.47 | |
| 5. | Dennis Najetovic | Daw | 34.58 | 200700897 | 35.33 | |
| 6. | Jaimie van Asselen | De Dolfijn | 34.13 | 200602535 | 35.65 | |
| 7. | Derek Smit | De Reuring | 36.16 | 200702055 | 36.74 | |
| 8. | Vincent Schweitzer | Daw | 35.99 | 200601857 | 36.90 | |
| 9. | Christoph Smit | MSV-Zeemacht | 37.30 | 200702629 | 38.44 | S8 |
| 10. | Alex Kossen | ZV Haerlem | 35.82 | 200701863 | 42.38 | |
| AFGEM | Julian Hendriks | De Otters Het Gooi | 43.22 | 200603717 | | S7 |
| Jeugd 1 en 2 | | | | | | |
| 1. | Bart de Waard | ZV Haerlem | 30.28 | 200403969 | 30.20 | |
| 2. | Andrei Turta | ZV New Wave Almere | 29.41 | 200404549 | 31.34 | |
| 3. | Shawn Klas | Kon AZ 1870 | 30.68 | 200402005 | 31.39 | |
| 4. | Tycho de Jonge | Team Noord Holland 1 | 29.84 | 200400411 | 31.59 | |
| 5. | Leon van Gelder | WZ&PC Purmerend | 30.92 | 200500621 | 32.57 | |
| AFGEM | Josh Renkema | De Otters Het Gooi | 47.63 | 200402537 | | S6 |
| Senioren 1 en ouder | | | | | | |
| 1. | Joep Hoogerwerf | De Dolfijn | 25.37 | 200204527 | 27.68 | |
| 2. | Nino Sieling | De Dolfijn | 27.45 | 199701845 | 29.46 | |
| 3. | Faissal Laghrich | Kon AZ 1870 | 30.50 | 200301885 | 29.84 | |
| 4. | Jeroen Jongert | Oeza | 28.95 | 199600445 | 30.80 | |
| AFGEM | Mathys Goosen | De Dolfijn | 24.34 | 199605695 | | |

Provinciaal Kampioenschap NH dl 1
Amsterdam, 14- - 15-5-2022

Programmanr. 7
14-5-2022 - 14:58

Dames, 400m wisselslag

Senioren Open
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 100m | 200m | 300m | 400m | |
|----------------------------|----------------------|---|----------------|----------------|-----------------------|----------------|----------------|----------------|--|
| Junioren 1 en 2 | | | | | | | | | |
| 1. Amber Kunst | Daw | 6:03.09 200900680 | 6:06.26 | | 1:35.10 | | | 6:06.26 | |
| | | 50m: 100m: 1:35.10 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 6:06.26 | | | |
| Junioren 3 en 4 | | | | | | | | | |
| 1. Rafaela Mulders | De Reuring | 5:33.90 200701398 | 5:32.27 | | 1:17.68 | | | 5:32.27 | |
| | | 50m: 100m: 1:17.68 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 5:32.27 | | | |
| 2. Britt Colijn | ZV New Wave Almere | 5:27.13 200700544 | 5:42.19 | | 1:16.66 | | | 5:42.19 | |
| | | 50m: 100m: 1:16.66 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 5:42.19 | | | |
| 3. Eline van Rijn | Daw | 5:42.41 200700918 | 5:42.81 | | 1:21.71 | | | 5:42.81 | |
| | | 50m: 100m: 1:21.71 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 5:42.81 | | | |
| 4. Pascale Smal | Daw | 5:51.93 200802958 | 5:46.18 | | 1:18.97 | | | 5:46.18 | |
| | | 50m: 100m: 1:18.97 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 5:46.18 | | | |
| 5. Floortje van 't Wout | De Dolfijn | 5:49.18 200802286 | 6:00.52 | | 1:23.45 | | | 6:00.52 | |
| | | 50m: 100m: 1:23.45 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 6:00.52 | | | |
| 6. Pippi Achterberg | Oceanus | 6:19.72 200700902 | 6:00.83 | | 1:24.85 | | | 6:00.83 | |
| | | 50m: 100m: 1:24.85 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 6:00.83 | | | |
| 7. Libhin Boon | Daw | 6:38.36 200701792 | 6:02.86 | | 1:25.85 | | | 6:02.86 | |
| | | 50m: 100m: 1:25.85 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 6:02.86 | | | |
| AFGEM Puck Stassen | ZV Haerlem | 5:56.43 200801456 | | | | | | | |
| Jeugd 1 en 2 | | | | | | | | | |
| 1. Evy Rozeboom | Daw | 5:04.43 200601338 | 5:15.28 | | 1:09.76 | | | 5:15.28 | |
| | | 50m: 100m: 1:09.76 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 5:15.28 | | | |
| 2. Kim Oudendijk | Daw | 5:30.78 200600964 | 5:28.21 | | 1:20.85 | | | 5:28.21 | |
| | | 50m: 100m: 1:20.85 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 5:28.21 | | | |
| 3. Linde van Wijngaarden | De Dolfijn | 5:36.58 200601372 | 5:37.15 | | 1:17.31 | | | 5:37.15 | |
| | | 50m: 100m: 1:17.31 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 5:37.15 | | | |
| 4. Robin Spreeuw | Zpch | 5:21.01 200501262 | 5:38.32 | | 1:18.65 | | | 5:38.32 | |
| | | 50m: 100m: 1:18.65 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 5:38.32 | | | |
| 5. Famke Irvine | De Otters Het Gooi | 5:32.94 200501724 | 5:40.09 | | 1:14.92 | | | 5:40.09 | |
| | | 50m: 100m: 1:14.92 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 5:40.09 | | | |
| 6. Nicole Stahli | De Dolfijn | 5:57.51 200600542 | 6:10.57 | | 1:33.49 | | | 6:10.57 | |
| | | 50m: 100m: 1:33.49 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 6:10.57 | | | |
| DIS Djanilla Brink | De Dolfijn | 5:01.60 200600988 | | | 1:14.06 | | | | |
| | | <i>RH - Het eindpunt niet in rugligging aangeraakt.</i> | | | 50m: 100m: 1:14.06 | 150m: 200m: | 250m: 300m: | 350m: 400m: | |
| Senioren 1 en ouder | | | | | | | | | |
| 1. Alysha de Jong | Zpch | 5:15.79 200400086 | 5:22.87 | | 1:13.43 | | | 5:22.87 | |
| | | 50m: 100m: 1:13.43 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 5:22.87 | | | |
| 2. Yvonne Engel | Team Noord Holland 1 | 5:37.81 200300780 | 5:45.89 | | 1:20.66 | | | 5:45.89 | |
| | | 50m: 100m: 1:20.66 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 5:45.89 | | | |
| 3. Chantal Beijer | Team Noord Holland 1 | 5:28.44 199700884 | 5:48.08 | | 1:18.30 | | | 5:48.08 | |
| | | 50m: 100m: 1:18.30 | 150m: 200m: | 250m: 300m: | 350m: 400m: | 5:48.08 | | | |

Provinciaal Kampioenschap NH dl 1
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Programmanr. 7, Dames, 400m wisselslag, Senioren 1 en ouder

| rang naam | vereniging | intijd | tijd | RT | 100m | 200m | 300m | 400m |
|-------------------|------------|--------------------|----------------|----|-------------|---------------------|------|---------|
| 4. Eline Hoekstra | Oeza | 5:29.10 200301280 | 5:48.87 | | 1:16.63 | | | 5:48.87 |
| | | 50m: 100m: 1:16.63 | 150m: 200m: | | 250m: 300m: | 350m: 400m: 5:48.87 | | |
| 5. Xena Gijzen | ZV Haerlem | 5:58.26 200200776 | 6:16.10 | | 1:25.30 | | | 6:16.10 |
| | | 50m: 100m: 1:25.30 | 150m: 200m: | | 250m: 300m: | 350m: 400m: 6:16.10 | | |

Programmanr. 8
14-5-2022 - 15:18

Heren, 200m wisselslag

Senioren Open
Resultaten

| rang naam | vereniging | intijd | tijd | RT | 100m | 200m |
|---|----------------------|-------------------|----------------|----|------|---------|
| Junioren 1 en 2 | | | | | | |
| 1. Giovanni Phillipson | Team Noord Holland 1 | 2:22.16 200801099 | 2:21.01 | | | 2:21.01 |
| 2. Willem Weustink | Team Noord Holland 1 | 2:27.24 200800109 | 2:27.59 | | | 2:27.59 |
| 3. Rens Noordover | Team Noord Holland 1 | 2:31.12 200800237 | 2:34.48 | | | 2:34.48 |
| 4. Cruz de Groot | Team Noord Holland 1 | 2:39.62 200801077 | 2:34.51 | | | 2:34.51 |
| 5. Daniël Wegman | Oceanus | 2:43.95 200802843 | 2:39.05 | | | 2:39.05 |
| 6. Suraj Baladurage | Team Noord Holland 1 | 2:46.22 200801291 | 2:44.41 | | | 2:44.41 |
| 7. Jelte de Jong | Zpch | 2:45.49 200900975 | 2:44.86 | | | 2:44.86 |
| 8. Alexander Griston | De Dolfijn | 2:41.54 200803053 | 2:45.03 | | | 2:45.03 |
| 9. Finn Hilders | De Dolfijn | 2:45.94 200900283 | 2:45.40 | | | 2:45.40 |
| 10. Mike Hilders | De Dolfijn | 3:02.33 200900281 | 2:49.38 | | | 2:49.38 |
| 11. Eito Sakaguchi | AZ&PC De Futen | 2:42.10 200902905 | 2:49.69 | | | 2:49.69 |
| 12. Isaiah Koningsbloem | Team Noord Holland 1 | 2:48.94 200800127 | 2:51.28 | | | 2:51.28 |
| 13. Sven Bakker | Team Noord Holland 1 | 2:53.25 200900085 | 2:52.10 | | | 2:52.10 |
| 14. Bram Oudendijk | Daw | 3:00.38 200900185 | 2:56.37 | | | 2:56.37 |
| 15. Joshua van den Idsert | Daw | 2:59.42 200801919 | 2:57.90 | | | 2:57.90 |
| 16. Mika Hebing | WZ&PC Purmerend | 3:02.85 200800027 | 2:59.03 | | | 2:59.03 |
| 17. Daan de Jongh | ZV New Wave Almere | 2:52.34 200800269 | 3:02.27 | | | 3:02.27 |
| 18. Tim Meeuwissen | Zpch | 2:56.21 200901741 | 3:03.03 | | | 3:03.03 |
| 19. Amos Sabag | De Dolfijn | 3:04.99 200801791 | 3:04.04 | | | 3:04.04 |
| 20. Dinand Kop | Zv de Ham | 2:51.44 200901001 | 3:04.10 | | | 3:04.10 |
| 21. Lucas Schouten | Zpch | 3:04.07 200901925 | 3:09.90 | | | 3:09.90 |
| 22. Kevin Tambach | De Reuring | 3:17.81 200902125 | 3:16.51 | | | 3:16.51 |
| DIS Tibbe Quist | Kon AZ 1870 | 2:48.59 200801359 | | | | |
| <i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i> | | | | | | |
| AFGEM Nawin Aria | De Dolfijn | 3:05.86 200803123 | | | | |

Junioren 3 en 4

| | | | | | | |
|--------------------------|----------------------|-------------------|--------------------|--|-----|---------|
| 1. Bram Loots | Team Noord Holland 1 | 2:15.39 200700197 | 2:18.59 | | | 2:18.59 |
| 2. Nándor Szabó | De Dolfijn | 2:19.53 200700475 | 2:25.85 | | | 2:25.85 |
| 3. Mike Tjepkema | ZV Haerlem | 2:28.70 200603029 | 2:27.91 | | | 2:27.91 |
| 4. Tijn Hilders | De Dolfijn | 2:24.74 200700027 | 2:27.94 | | | 2:27.94 |
| 5. Feico de Jonge | Team Noord Holland 1 | 2:26.15 200600047 | 2:29.07 | | | 2:29.07 |
| 6. Marnix Rietveld | ZV Haerlem | 2:33.13 200700939 | 2:32.32 | | | 2:32.32 |
| 7. Floris van der Salm | De Dolfijn | 2:34.77 200700705 | 2:34.91 | | | 2:34.91 |
| 8. Pedro Filipini | AZ&PC De Futen | 2:46.47 200603863 | 2:38.37 | | | 2:38.37 |
| 9. Lou van Leeuwen | De Dolfijn | 2:38.21 200702779 | 2:38.91 | | | 2:38.91 |
| 10. Lars Kool | Daw | 2:36.87 200700511 | 2:39.27 | | | 2:39.27 |
| 11. Jan van Dreumel | ZV Haerlem | 2:35.52 200600167 | 2:39.95 | | | 2:39.95 |
| 12. Vincent Schweitzer | Daw | 2:35.82 200601857 | 2:41.30 | | | 2:41.30 |
| 13. Jidde Rademaker | De Reuring | 2:46.76 200603619 | 2:42.10 | | | 2:42.10 |
| 14. Thijmen van Boheemen | MSV-Zeemacht | 2:41.70 200700231 | 2:42.25 | | | 2:42.25 |
| 15. Derek Smit | De Reuring | 2:43.56 200702055 | 2:47.70 | | | 2:47.70 |
| 16. Wessel Bolte | WZ&PC Triton | 2:42.89 200701919 | 2:51.29 | | | 2:51.29 |
| 17. Merijn Verhoeff | De Otters Het Gooi | 2:43.55 200604065 | 2:56.69 | | | 2:56.69 |
| 18. Dennis Najetovic | Daw | 2:49.04 200700897 | 2:58.09 | | | 2:58.09 |
| 19. Christoph Smit | MSV-Zeemacht | 2:57.80 200702629 | SM8 3:08.77 | | 432 | 3:08.77 |

Provinciaal Kampioenschap NH dl 1
Amsterdam, 14- - 15-5-2022

Programmanr. 8, Heren, 200m wisselslag

Jeugd 1 en 2

| | | | | | | |
|-------|--------------------|----------------------|---------|-----------|----------------|---------|
| 1. | Emiel van Oord | De Dolfijn | 2:13.29 | 200503707 | 2:19.92 | 2:19.92 |
| 2. | Lucas Douwma | Zpch | 2:15.53 | 200401337 | 2:22.27 | 2:22.27 |
| 3. | Tycho de Jonge | Team Noord Holland 1 | 2:20.51 | 200400411 | 2:25.63 | 2:25.63 |
| 4. | Matthew O'Sullivan | De Dolfijn | 2:30.57 | 200502609 | 2:34.30 | 2:34.30 |
| 5. | Leon van Gelder | WZ&PC Purmerend | 2:29.41 | 200500621 | 2:35.94 | 2:35.94 |
| 6. | Maurits van Bommel | Kon AZ 1870 | 2:30.90 | 200401089 | 2:38.19 | 2:38.19 |
| AFGEM | Josh Renkema | De Otters Het Gooi | 3:47.90 | 200402537 | SM6 | |

Senioren 1 en ouder

| | | | | | | |
|-------|------------------|----------------------|---------|-----------|----------------|---------|
| 1. | Felix Geenen | Daw | 2:14.71 | 199501085 | 2:20.33 | 2:20.33 |
| 2. | Rick Offringa | Oeza | 2:15.57 | 200300979 | 2:22.04 | 2:22.04 |
| 3. | Nick Sijmons | De Amstel | 2:17.99 | 199500491 | 2:22.14 | 2:22.14 |
| 4. | Rik Hofland | Team Noord Holland 1 | 2:14.64 | 199701737 | 2:22.27 | 2:22.27 |
| 5. | Faissal Laghrich | Kon AZ 1870 | 2:17.77 | 200301885 | 2:23.55 | 2:23.55 |
| 6. | Jeffrey Camphens | Team Noord Holland 1 | 2:20.67 | 199503113 | 2:26.09 | 2:26.09 |
| AFGEM | Bart Sommeling | De Dolfijn | 2:02.87 | 199800765 | | |
| AFGEM | Sander Dorland | Team Noord Holland 1 | 2:17.78 | 199902643 | | |

Programmanr. 9
14-5-2022 - 15:46

Meisjes, 4 x 200m vrije slag

Junioren 1-4
Resultaten

| rang | vereniging | intijd | tijd | RT |
|------|---|------------------------------------|---------------------|------------------------------------|
| 1. | De Dolfijn 1 Emma Rose Buitenkamp Floortje van 't Wout Angelina Rolman Eefje Irvine | De Dolfijn 08 08 07 07 | 8:57.72 1:08.78 | 9:23.49 2:26.42 2:26.42 |
| 2. | De Dolfijn 2 Mint van Wees Lillian Green Puck van Wees Sofya Kuznetsova | De Dolfijn 08 07 09 07 | 9:43.10 1:07.75 | 10:09.56 2:22.52 2:22.52 |
| 3. | Daw 1 Tara de Jong Tamira Anna Rasban Bette Peetoom Dante van Meene | Daw 07 08 08 09 | 10:37.33 1:12.90 | 10:24.54 2:29.83 2:29.83 |

Programmanr. 10
14-5-2022 - 15:57

Dames, 4 x 200m vrije slag

Senioren Open
Resultaten

| rang | vereniging | intijd | tijd | RT |
|------|---|--|--------------------|------------------------------------|
| 1. | De Dolfijn 1 Serena Stel Myrna van Duijven Djanilla Brink Imani de Jong | De Dolfijn 98 99 06 02 | 8:09.23 59.92 | 8:30.53 2:02.99 2:02.99 |
| 2. | De Dolfijn 2 Tessa Vermeulen Amber Celie Melissa Odemis Linde van Wijngaarden | De Dolfijn 98 03 06 06 | 8:17.90 58.53 | 9:10.04 2:03.35 2:03.35 |
| 3. | De Otters Het Gooi 1 Isis Verhoeff Mette Boorsma Yuan Swart Famke Irvine | De Otters Het Gooi 09 09 06 05 | 9:32.14 1:14.21 | 10:09.16 2:35.06 2:35.06 |
| 4. | AZ&PC De Futen 1 Athina Economon Ilana van der Putten Nikki Dekker Isabelle Toole | AZ&PC De Futen 04 07 08 08 | 11:23.61 | 11:12.76 2:28.10 2:28.10 |

Provinciaal Kampioenschap NH dl 1
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Programmanr. 11
15-5-2022 - 13:30

Heren, 1500m vrije slag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|------------------------|---------------------|----------------------|----------------|-----------|-----------------|----|
| Junioren 1 en 2 | | | | | | |
| 1. | Giovanni Phillipson | Team Noord Holland 1 | 18:29.43 | 200801099 | 18:17.32 | |
| | 100m: 1:05.18 | 1:05.18 | 500m: | 900m: | 1300m: | |
| | 200m: 2:15.87 | 1:10.69 | 600m: | 1000m: | 1400m: | |
| | 300m: | 700m: | 800m: 9:37.08 | 1100m: | 1500m: 18:17.32 | |
| | 400m: 4:39.65 | | | 1200m: | | |
| 2. | Rens Noordover | Team Noord Holland 1 | 18:43.13 | 200800237 | 18:36.33 | |
| | 100m: 1:09.44 | 1:09.44 | 500m: | 900m: | 1300m: | |
| | 200m: 2:23.55 | 1:14.11 | 600m: | 1000m: | 1400m: | |
| | 300m: | 700m: | 800m: 9:51.20 | 1100m: | 1500m: 18:36.33 | |
| | 400m: 4:53.05 | | | 1200m: | | |
| 3. | Finn Hilders | De Dolfijn | 20:15.64 | 200900283 | 19:50.95 | |
| | 100m: 1:10.60 | 1:10.60 | 500m: | 900m: | 1300m: | |
| | 200m: 2:27.95 | 1:17.35 | 600m: | 1000m: | 1400m: | |
| | 300m: | 700m: | 800m: 10:30.33 | 1100m: | 1500m: 19:50.95 | |
| | 400m: 5:01.69 | | | 1200m: | | |
| 4. | Jelte de Jong | Zpch | 20:11.79 | 200900975 | 19:59.12 | |
| | 100m: 1:13.66 | 1:13.66 | 500m: | 900m: | 1300m: | |
| | 200m: 2:34.21 | 1:20.55 | 600m: | 1000m: | 1400m: | |
| | 300m: | 700m: | 800m: 10:40.98 | 1100m: | 1500m: 19:59.12 | |
| | 400m: 5:16.29 | | | 1200m: | | |
| 5. | Mike Hilders | De Dolfijn | 22:09.97 | 200900281 | 21:24.09 | |
| | 100m: 1:12.33 | 1:12.33 | 500m: | 900m: | 1300m: | |
| | 200m: 2:33.55 | 1:21.22 | 600m: | 1000m: | 1400m: | |
| | 300m: | 700m: | 800m: 11:07.12 | 1100m: | 1500m: 21:24.09 | |
| | 400m: 5:23.26 | | | 1200m: | | |
| Junioren 3 en 4 | | | | | | |
| 1. | Bram Loots | Team Noord Holland 1 | 16:34.98 | 200700197 | 16:44.00 | |
| | 100m: 1:01.53 | 1:01.53 | 500m: | 900m: | 1300m: | |
| | 200m: 2:08.72 | 1:07.19 | 600m: | 1000m: | 1400m: | |
| | 300m: | 700m: | 800m: 8:51.75 | 1100m: | 1500m: 16:44.00 | |
| | 400m: 4:22.41 | | | 1200m: | | |
| 2. | Tijn Hilders | De Dolfijn | 17:35.73 | 200700027 | 18:44.80 | |
| | 100m: 1:03.38 | 1:03.38 | 500m: | 900m: | 1300m: | |
| | 200m: 2:16.52 | 1:13.14 | 600m: | 1000m: | 1400m: | |
| | 300m: | 700m: | 800m: 9:53.66 | 1100m: | 1500m: 18:44.80 | |
| | 400m: 4:47.45 | | | 1200m: | | |
| 3. | Lou van Leeuwen | De Dolfijn | 19:50.42 | 200702779 | 19:21.89 | |
| | 100m: 1:10.13 | 1:10.13 | 500m: | 900m: | 1300m: | |
| | 200m: 2:26.32 | 1:16.19 | 600m: | 1000m: | 1400m: | |
| | 300m: | 700m: | 800m: 10:13.99 | 1100m: | 1500m: 19:21.89 | |
| | 400m: 5:01.02 | | | 1200m: | | |
| 4. | Duncan Koridon | WZ&PC Purmerend | 19:54.25 | 200600085 | 19:54.10 | |
| | 100m: 1:11.99 | 1:11.99 | 500m: | 900m: | 1300m: | |
| | 200m: 2:29.85 | 1:17.86 | 600m: | 1000m: | 1400m: | |
| | 300m: | 700m: | 800m: 10:32.89 | 1100m: | 1500m: 19:54.10 | |
| | 400m: 5:10.06 | | | 1200m: | | |
| 5. | Jidde Rademaker | De Reuring | 20:57.06 | 200603619 | 20:12.41 | |
| | 100m: 1:11.62 | 1:11.62 | 500m: | 900m: | 1300m: | |
| | 200m: 2:30.17 | 1:18.55 | 600m: | 1000m: | 1400m: | |
| | 300m: | 700m: | 800m: 10:39.41 | 1100m: | 1500m: 20:12.41 | |
| | 400m: 5:12.23 | | | 1200m: | | |
| 6. | Vincent Schweitzer | Daw | 20:00.93 | 200601857 | 20:20.61 | |
| | 100m: 1:12.16 | 1:12.16 | 500m: | 900m: | 1300m: | |
| | 200m: 2:31.30 | 1:19.14 | 600m: | 1000m: | 1400m: | |
| | 300m: | 700m: | 800m: 10:46.34 | 1100m: | 1500m: 20:20.61 | |
| | 400m: 5:14.01 | | | 1200m: | | |
| Jeugd 1 en 2 | | | | | | |
| 1. | Leon van Gelder | WZ&PC Purmerend | 19:12.32 | 200500621 | 19:07.87 | |
| | 100m: 1:09.86 | 1:09.86 | 500m: | 900m: | 1300m: | |
| | 200m: 2:26.53 | 1:16.67 | 600m: | 1000m: | 1400m: | |
| | 300m: | 700m: | 800m: 10:11.31 | 1100m: | 1500m: 19:07.87 | |
| | 400m: 5:00.87 | | | 1200m: | | |
| 2. | Owen Michels | De Amstel | 18:36.65 | 200402293 | 19:12.18 | |
| | 100m: 1:08.48 | 1:08.48 | 500m: | 900m: | 1300m: | |
| | 200m: 2:25.44 | 1:16.96 | 600m: | 1000m: | 1400m: | |
| | 300m: | 700m: | 800m: 10:11.57 | 1100m: | 1500m: 19:12.18 | |
| | 400m: 5:00.48 | | | 1200m: | | |

Provinciaal Kampioenschap NH dl 1
Amsterdam, 14- - 15-5-2022

Programmanr. 11, Jongens, 1500m vrije slag, Jeugd 1 en 2

| rang | naam | vereniging | intijd | intijd | tijd | RT |
|------|----------------|----------------------|----------------|-----------|-----------------|----|
| 3. | Thijmen Wender | Team Noord Holland 1 | 19:19.30 | 200502339 | 21:06.97 | |
| | 100m: 1:09.90 | 1:09.90 | 500m: | 900m: | 1300m: | |
| | 200m: 2:28.70 | 1:18.80 | 600m: | 1000m: | 1400m: | |
| | 300m: | | 700m: | 1100m: | 1500m: 21:06.97 | |
| | 400m: 5:15.12 | | 800m: 11:02.72 | 1200m: | | |

Senioren 1 en ouder

| | | | | | | |
|----|------------------|----------------------|----------------|-----------|-----------------|--|
| 1. | Jeffrey Camphens | Team Noord Holland 1 | 17:24.99 | 199503113 | 18:07.64 | |
| | 100m: 1:06.89 | 1:06.89 | 500m: | 900m: | 1300m: | |
| | 200m: 2:18.45 | 1:11.56 | 600m: | 1000m: | 1400m: | |
| | 300m: | | 700m: | 1100m: | 1500m: 18:07.64 | |
| | 400m: 4:42.33 | | 800m: 9:33.91 | 1200m: | | |
| 2. | Tim Bunnik | WZ&PC Triton | 17:45.99 | 199000505 | 19:06.75 | |
| | 100m: 1:11.39 | 1:11.39 | 500m: | 900m: | 1300m: | |
| | 200m: 2:27.78 | 1:16.39 | 600m: | 1000m: | 1400m: | |
| | 300m: | | 700m: | 1100m: | 1500m: 19:06.75 | |
| | 400m: 5:03.34 | | 800m: 10:13.29 | 1200m: | | |

Programmanr. 12
15-5-2022 - 14:13

Dames, 200m wisselslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 100m | 200m |
|------|-----------------------|--------------------|---------|-----------|----------------|------|---------|
| 1. | Amber Kunst | Daw | 2:41.72 | 200900680 | 2:39.02 | | 2:39.02 |
| 2. | Madeleine Bertram | WZ&PC Purmerend | 2:40.67 | 200900516 | 2:46.45 | | 2:46.45 |
| 3. | Puck van Wees | De Dolfijn | 2:48.97 | 200901020 | 2:48.19 | | 2:48.19 |
| 4. | Nikki Hofland | MSV-Zeemacht | 2:52.23 | 200900244 | 2:51.69 | | 2:51.69 |
| 5. | Flo Streep | Daw | 3:00.01 | 200900676 | 2:56.68 | | 2:56.68 |
| 6. | Yara van Asselen | De Dolfijn | 2:46.36 | 200900408 | 2:57.55 | | 2:57.55 |
| 7. | Linou van Kampen | Zpch | 3:00.50 | 201000594 | 2:57.76 | | 2:57.76 |
| 8. | Isis Verhoeff | De Otters Het Gooi | 2:51.71 | 200902962 | 2:58.04 | | 2:58.04 |
| 9. | Eva Leuverman | Daw | 3:01.96 | 200901216 | 2:58.33 | | 2:58.33 |
| 10. | Dante van Meene | Daw | 2:58.10 | 200900678 | 2:58.94 | | 2:58.94 |
| 11. | Mette Boorsma | De Otters Het Gooi | 2:59.31 | 200900186 | 3:02.60 | | 3:02.60 |
| 12. | Carla Moreno Palacios | De Dolfijn | 3:01.66 | 201002302 | 3:04.35 | | 3:04.35 |
| 13. | Patricia de Leu | De Reuring | 3:05.93 | 200900982 | 3:05.03 | | 3:05.03 |
| 14. | Liana Wetzlaugk | De Dolfijn | 3:04.87 | 200902398 | 3:07.75 | | 3:07.75 |
| 15. | Dewi Meijer | De Dolfijn | 2:57.60 | 201000302 | 3:08.90 | | 3:08.90 |
| 16. | Roos Hofman | De Otters Het Gooi | 3:09.09 | 200903296 | 3:12.31 | | 3:12.31 |
| 17. | Frederique Grijpink | De Otters Het Gooi | 3:10.86 | 201001218 | 3:14.66 | | 3:14.66 |
| 18. | Jasmijn van Ederen | Zv de Ham | 3:09.47 | 201000434 | 3:18.98 | | 3:18.98 |
| 19. | Noa Jaffe | De Dolfijn | 3:17.64 | 201000726 | 3:19.69 | | 3:19.69 |
| 20. | Kate Verburg | Zpch | 3:13.74 | 200903204 | 3:20.71 | | 3:20.71 |
| 21. | Dana Half | Zv de Ham | 3:15.15 | 201000392 | 3:23.23 | | 3:23.23 |
| DIS | Ella Gray | De Dolfijn | 3:03.42 | 200903654 | | | |

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

AFGEM Megan Snoek De Dolfijn 2:51.34 200900888

Junioren 3 en 4

| | | | | | | | |
|-----|-----------------------|--------------------|---------|-----------|----------------|--|---------|
| 1. | Eefje Irvine | De Dolfijn | 2:33.11 | 200700164 | 2:33.37 | | 2:33.37 |
| 2. | Rafaela Mulders | De Reuring | 2:30.68 | 200701398 | 2:37.04 | | 2:37.04 |
| 3. | Eline van Rijn | Daw | 2:37.16 | 200700918 | 2:37.22 | | 2:37.22 |
| 4. | Emma Rose Buitenkamp | De Dolfijn | 2:38.67 | 200801898 | 2:39.16 | | 2:39.16 |
| 5. | Floortje van 't Wout | De Dolfijn | 2:39.29 | 200802286 | 2:40.49 | | 2:40.49 |
| 6. | Pascalie Smal | Daw | 2:38.47 | 200802958 | 2:42.33 | | 2:42.33 |
| 7. | Aukje Grijseels | ZV New Wave Almere | 2:39.73 | 200701208 | 2:46.06 | | 2:46.06 |
| 8. | Mirre van Wijngaarden | De Dolfijn | 2:43.24 | 200800262 | 2:47.46 | | 2:47.46 |
| 9. | Pippi Achterberg | Oceanus | 2:46.69 | 200700902 | 2:47.90 | | 2:47.90 |
| 10. | Rebecca van Oosterom | IJsselmeer | 2:50.46 | 200700808 | 2:49.22 | | 2:49.22 |
| 11. | Tara de Jong | Daw | 2:49.19 | 200701574 | 2:49.56 | | 2:49.56 |
| 12. | Libhin Boon | Daw | 2:44.07 | 200701792 | 2:51.59 | | 2:51.59 |
| 13. | Senna van Laar | De Dolfijn | 2:49.20 | 200700726 | 2:51.71 | | 2:51.71 |
| 14. | Puck Stassen | ZV Haerlem | 2:53.27 | 200801456 | 2:51.84 | | 2:51.84 |
| 15. | Bette Peetoom | Daw | 2:54.42 | 200801808 | 2:52.73 | | 2:52.73 |

Provinciaal Kampioenschap NH dl 1
Amsterdam, 14- - 15-5-2022

Programmanr. 12, Meisjes, 200m wisselslag, Junioren 3 en 4

| rang | naam | vereniging | intijd | tijd | RT | 100m | 200m |
|---|--------------------|--------------------|---------|-----------|-----|------|--------------|
| 16. | Meret Caspers | ZV Haerlem | 2:50.50 | 200802826 | | | 2:53.21 |
| 17. | Marre Rademaker | De Reuring | 2:52.15 | 200801792 | | | 2:54.73 |
| 18. | Sofya Kuznetsova | De Dolfijn | 2:48.89 | 200704458 | | | 2:54.85 |
| 19. | Lillian Green | De Dolfijn | 2:39.96 | 200704534 | | | 2:55.97 |
| 20. | Tamira Anna Rasban | Daw | 2:58.36 | 200801810 | | | 3:01.29 FJ 1 |
| 21. | Dewi ten Have | Zpch | 2:55.40 | 200703738 | | | 3:01.29 FJ 2 |
| 22. | Brianna Voorhout | Daw | 2:56.84 | 200702342 | | | 3:07.09 |
| 23. | Jenna Gorter | De Otters Het Gooi | 3:48.00 | 200702746 | SM9 | 305 | 3:45.56 |
| DIS | Kirsten Hartwijk | WZ&PC Purmerend | 3:03.70 | 200704194 | | | SD |
| <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | | | | |
| AFGEM | Anne Demmers | Zv de Ham | 2:45.39 | 200800412 | | | |

Jeugd 1 en 2

| | | | | | | | |
|-----|-----------------------|--------------------|---------|-----------|--|--|---------|
| 1. | Djanilla Brink | De Dolfijn | 2:22.93 | 200600988 | | | 2:24.02 |
| 2. | Evy Rozeboom | Daw | 2:26.69 | 200601338 | | | 2:31.12 |
| 3. | Kim Oudendijk | Daw | 2:27.09 | 200600964 | | | 2:33.45 |
| 4. | Famke Irvine | De Otters Het Gooi | 2:31.41 | 200501724 | | | 2:34.40 |
| 5. | Melissa Odemis | De Dolfijn | 2:34.52 | 200602422 | | | 2:39.31 |
| 6. | Linde van Wijngaarden | De Dolfijn | 2:37.56 | 200601372 | | | 2:41.19 |
| 7. | Emma Riemers | MSV-Zeemacht | 2:34.13 | 200500748 | | | 2:41.40 |
| 8. | Yuan Swart | De Otters Het Gooi | 2:39.09 | 200604754 | | | 2:41.69 |
| 9. | Zea Wetzlaugk | De Dolfijn | 2:48.70 | 200604780 | | | 2:43.98 |
| 10. | Isabella Grijsseels | ZV New Wave Almere | 2:40.55 | 200502678 | | | 2:44.02 |
| 11. | Dido Toornend | ZV Haerlem | 2:38.20 | 200501718 | | | 2:48.39 |
| 12. | Tessa Hartel | WZ&PC Purmerend | 2:47.21 | 200602062 | | | 2:49.71 |
| 13. | Nicole Stahl | De Dolfijn | 2:46.75 | 200600542 | | | 2:51.01 |
| 14. | Floortje van Schaik | De Meeuwen Diemen | 2:47.16 | 200602294 | | | 2:51.21 |
| 15. | Frédérique Bais | MSV-Zeemacht | 2:46.26 | 200505160 | | | 2:51.37 |

Senioren 1 en ouder

| | | | | | | | |
|-------|--------------------|----------------------|---------|-----------|------|--|---------|
| 1. | Elise Tanis | De Dolfijn | 2:14.45 | 200200120 | | | 2:21.97 |
| 2. | Serena Stel | De Dolfijn | 2:15.58 | 199801528 | | | 2:22.45 |
| 3. | Tessa Vermeulen | De Dolfijn | 2:13.77 | 199800068 | | | 2:23.65 |
| 4. | Alysha de Jong | Zpch | 2:27.41 | 200400086 | | | 2:32.00 |
| 5. | Myrna van Duijven | De Dolfijn | 2:21.19 | 199900252 | | | 2:32.70 |
| 6. | Yvette Buis | De Dolfijn | 2:32.35 | 200401830 | | | 2:39.12 |
| 7. | Chantal Beijer | Team Noord Holland 1 | 2:29.50 | 199700884 | | | 2:41.40 |
| AFGEM | Amber van der Kruk | MSV-Zeemacht | 2:36.90 | 200102730 | SM14 | | |
| NG | Amber Celie | De Dolfijn | 2:25.70 | 200300756 | | | |

Programmanr. 13
15-5-2022 - 14:45

Heren, 50m schoolslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------------------------|-----------------------|----------------------|--------|-----------|--------------|
| Junioren 1 en 2 | | | | | |
| 1. | Cruz de Groot | Team Noord Holland 1 | 34.25 | 200801077 | 33.94 |
| 2. | Willem Weustink | Team Noord Holland 1 | 37.00 | 200800109 | 35.25 |
| 3. | Alexander Griston | De Dolfijn | 37.59 | 200803053 | 36.41 |
| 4. | Suraj Baladurage | Team Noord Holland 1 | 33.83 | 200801291 | 36.78 |
| 5. | Ario Mirza | De Dolfijn | 37.02 | 200801175 | 37.12 |
| 6. | Adam Ayari | Oeza | 36.82 | 200802797 | 37.27 |
| 7. | Amos Sabag | De Dolfijn | 39.32 | 200801791 | 38.99 |
| 8. | Isaiah Koningsbloem | Team Noord Holland 1 | 39.23 | 200800127 | 39.00 |
| 9. | Finn Hilders | De Dolfijn | 40.69 | 200900283 | 39.30 |
| 10. | Eito Sakaguchi | AZ&PC De Futen | 39.23 | 200902905 | 40.60 |
| 11. | Ian Fa-Si-Oen | Oceanus | 39.73 | 200901131 | 40.80 |
| 12. | Brian Bloemsma | Zpch | 43.32 | 200901155 | 40.85 |
| 13. | Joshua van den Idsert | Daw | 42.22 | 200801919 | 40.93 |
| 14. | Daniël Wegman | Oceanus | 39.24 | 200802843 | 41.04 |
| 15. | Koen van der Puijl | AZ&PC De Futen | 42.71 | 200802961 | 42.31 |
| 16. | Daan de Jongh | ZV New Wave Almere | 39.11 | 200800269 | 42.34 |
| 17. | Mika Hebing | WZ&PC Purmerend | 43.00 | 200800027 | 42.46 |
| 18. | Sven Bakker | Team Noord Holland 1 | 42.33 | 200900085 | 42.56 |

Provinciaal Kampioenschap NH dl 1
Amsterdam, 14- - 15-5-2022

Programmanr. 13, Jongens, 50m schoolslag, Junioren 1 en 2

| rang | naam | vereniging | intijd | | tijd | RT |
|---|--------------------|---------------------------|--------|-----------|--------------|----|
| 19. | Thias Kruidenberg | WZ&PC Triton | 43.89 | 200900545 | 42.84 | |
| 20. | Lars Oldenbroek | Enkhuizer Zwem Vereniging | 42.74 | 200902117 | 42.98 | |
| 21. | Dinand Kop | Zv de Ham | 40.25 | 200901001 | 43.53 | |
| 22. | Tim Meeuwissen | Zpch | 43.60 | 200901741 | 44.40 | |
| 23. | Senne Jonkvorst | WZ&PC Triton | 44.26 | 200801185 | 44.80 | |
| 24. | Owen Glover | De Otters Het Gooi | 43.38 | 200901913 | 45.15 | |
| 25. | Lucas Schouten | Zpch | 44.22 | 200901925 | 46.25 | |
| DIS | Bram Oudendijk | Daw | 44.07 | 200900185 | | |
| <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | | | |
| NG.ZA | Salim Salmani | De Meeuwen Diemen | 43.28 | 200802903 | | |
| AFGEM | David van Oosterom | IJsselmeer | 41.98 | 200900551 | | |
| AFGEM | Nawin Aria | De Dolfijn | 42.96 | 200803123 | | |

Junioren 3 en 4

| | | | | | | |
|-------|---------------------|---------------------------|-------|-----------|--------------|-----|
| 1. | Pedro Filipini | AZ&PC De Futen | 32.52 | 200603863 | 32.51 | |
| 2. | Tijn Hilders | De Dolfijn | 34.38 | 200700027 | 34.56 | |
| 3. | Marnix Rietveld | ZV Haerlem | 34.25 | 200700939 | 34.59 | |
| 4. | Feico de Jonge | Team Noord Holland 1 | 35.17 | 200600047 | 35.05 | |
| 5. | Jaimie van Asselen | De Dolfijn | 34.66 | 200602535 | 36.19 | |
| | Lars Kool | Daw | 36.35 | 200700511 | 36.19 | |
| 7. | Sven Oldenbroek | Enkhuizer Zwem Vereniging | 37.23 | 200702483 | 36.82 | |
| 8. | Jan van Dreumel | ZV Haerlem | 36.86 | 200600167 | 37.31 | |
| 9. | Ishaan Sengupta | AZ&PC De Futen | 39.02 | 200703139 | 38.20 | |
| 10. | Floris van der Salm | De Dolfijn | 38.90 | 200700705 | 38.25 | |
| 11. | Derek Smit | De Reuring | 39.32 | 200702055 | 39.18 | |
| 12. | Twan Nigten | Zpch | 38.86 | 200604255 | 39.19 | |
| 13. | Rafaël Fichtner | AZ&PC De Futen | 38.12 | 200702841 | 39.33 | |
| 14. | Dennis Najetovic | Daw | 40.69 | 200700897 | 40.53 | |
| 15. | Joris Assendelft | Zpch | 37.54 | 200703027 | 40.95 | |
| 16. | Christoph Smit | MSV-Zeemacht | 47.86 | 200702629 | 48.83 | 282 |
| AFGEM | Damien Jansen | De Meeuwen Diemen | 38.25 | 200702487 | | |
| AFGEM | Julian Hendriks | De Otters Het Gooi | 52.54 | 200603717 | | SB6 |

Jeugd 1 en 2

| | | | | | |
|----|--------------------|----------------------|-------|-----------|--------------|
| 1. | Lucas Douwma | Zpch | 29.41 | 200401337 | 29.97 |
| 2. | Emiel van Oord | De Dolfijn | 30.23 | 200503707 | 31.10 |
| 3. | Shawn Klas | Kon AZ 1870 | 31.90 | 200402005 | 33.41 |
| 4. | Matthew O'Sullivan | De Dolfijn | 31.45 | 200502609 | 33.78 |
| 5. | Tycho de Jonge | Team Noord Holland 1 | 32.87 | 200400411 | 34.33 |
| 6. | Giljano Palm | Kon AZ 1870 | 33.82 | 200403637 | 34.78 |

Senioren 1 en ouder

| | | | | | |
|-------|------------------|----------------------|-------|-----------|--------------|
| 1. | Ties Elzerman | De Dolfijn | 26.55 | 199502163 | 28.11 |
| 2. | Felix Geenen | Daw | 30.84 | 199501085 | 31.59 |
| 3. | Jesse van der A | De Dolfijn | 31.03 | 199905303 | 31.69 |
| 4. | Sander Dorland | Team Noord Holland 1 | 30.76 | 199902643 | 32.13 |
| 5. | Remco de Heij | Zpch | 32.82 | 200200161 | 33.96 |
| 6. | Rick Offringa | Oeza | 32.89 | 200300979 | 34.39 |
| 7. | Jeffrey Camphens | Team Noord Holland 1 | 32.82 | 199503113 | 34.78 |
| AFGEM | Thomas Vastenhou | Zpch | 32.35 | 200204545 | |

Provinciaal Kampioenschap NH dl 1
Amsterdam, 14- - 15-5-2022

Programmanr. 14
15-5-2022 - 14:55

Dames, 50m rugslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|----------------------------|---------------------|----------------------|--------|-----------|--------------|------|
| Junioren 1 en 2 | | | | | | |
| 1. | Madeleine Bertram | WZ&PC Purmerend | 35.07 | 200900516 | 34.77 | |
| 2. | Jenny Muntinga | Zpch | 35.05 | 200900450 | 35.29 | |
| 3. | Nikki Hofland | MSV-Zeemacht | 34.31 | 200900244 | 35.62 | |
| 4. | Amber Kunst | Daw | 35.42 | 200900680 | 35.99 | |
| 5. | Ella Gray | De Dolfijn | 36.71 | 200903654 | 37.01 | |
| 6. | Yara van Asselen | De Dolfijn | 35.19 | 200900408 | 37.36 | |
| 7. | Isis Verhoeff | De Otters Het Gooi | 36.63 | 200902962 | 37.67 | |
| 8. | Dewi Meijer | De Dolfijn | 38.42 | 201000302 | 38.66 | |
| 9. | Linou van Kampen | Zpch | 38.19 | 201000594 | 38.76 | |
| 10. | Flo Streep | Daw | 39.22 | 200900676 | 39.22 | |
| 11. | Eva Leuerman | Daw | 38.59 | 200901216 | 39.38 | |
| 12. | Estée Drolinga | Zv Aquawaard | 38.41 | 201000766 | 39.41 | |
| 13. | Liv van Wilgen | Kon AZ 1870 | 39.94 | 200901578 | 39.44 | |
| 14. | Celine Man-a-Hing | AZ&PC De Futen | 40.90 | 200901132 | 39.66 | |
| 15. | Liana Wetzlaugk | De Dolfijn | 40.77 | 200902398 | 39.74 | |
| 16. | Wies Hermans | Zpch | 39.70 | 201000452 | 40.34 | |
| 17. | Rosina Kromhout | Daw | 39.36 | 200902490 | 40.43 | |
| 18. | Dante van Meene | Daw | 41.57 | 200900678 | 40.44 | |
| 19. | Roos Hofman | De Otters Het Gooi | 40.37 | 200903296 | 40.63 | |
| 20. | Soraya Lopes | Oceanus | 41.19 | 201000038 | 40.80 | |
| 21. | Olivia van Kempen | AZ&PC De Futen | 40.97 | 200901540 | 40.98 | |
| 22. | Dana Half | Zv de Ham | 40.73 | 201000392 | 41.56 | |
| 23. | Abby Kootstra | WZ&PC Triton | 41.51 | 201000264 | 41.61 | FJ 1 |
| 24. | Yuna van den Idsert | Daw | 42.62 | 201001196 | 41.61 | FJ 2 |
| 25. | Noa Jaffe | De Dolfijn | 38.55 | 201000726 | 43.12 | |
| 26. | Frederique Grijpink | De Otters Het Gooi | 42.53 | 201001218 | 43.87 | |
| AFGEM | Chaya Bremer | MSV-Zeemacht | 39.92 | 200900372 | | |
| AFGEM | Megan Snoek | De Dolfijn | 36.43 | 200900888 | | |
| Junioren 3 en 4 | | | | | | |
| 1. | Angelina Rolman | De Dolfijn | 28.99 | 200701972 | 31.16 | |
| 2. | Eefje Irvine | De Dolfijn | 31.65 | 200700164 | 33.60 | |
| 3. | Rafaëla Mulders | De Reuring | 33.82 | 200701398 | 34.79 | |
| | Libhin Boon | Daw | 33.79 | 200701792 | 34.79 | |
| 5. | Eline van Rijn | Daw | 34.53 | 200700918 | 35.05 | |
| 6. | Bette Peetoom | Daw | 35.40 | 200801808 | 35.09 | |
| 7. | Senna van Laar | De Dolfijn | 34.07 | 200700726 | 35.47 | |
| 8. | Pippi Achterberg | Oceanus | 35.20 | 200700902 | 35.98 | |
| 9. | Sofya Kuznetsova | De Dolfijn | 35.23 | 200704458 | 36.42 | |
| 10. | Tara de Jong | Daw | 37.42 | 200701574 | 37.09 | |
| 11. | Chiara Caumon | De Otters Het Gooi | 35.23 | 200703266 | 37.17 | |
| 12. | Nora de Hollander | Oceanus | 36.82 | 200702874 | 37.81 | |
| 13. | Mara Koppen | Team Noord Holland 1 | 37.08 | 200800478 | 38.38 | |
| 14. | Ayse Mayda | Team Noord Holland 1 | 36.83 | 200800514 | 38.44 | |
| 15. | Femke Paus | MSV-Zeemacht | 38.15 | 200701772 | 38.80 | |
| 16. | Tamira Anna Rasban | Daw | 38.38 | 200801810 | 39.55 | |
| AFGEM | Anne Demmers | Zv de Ham | 36.93 | 200800412 | | |
| Jeugd 1 en 2 | | | | | | |
| 1. | Famke Irvine | De Otters Het Gooi | 32.82 | 200501724 | 33.47 | |
| 2. | Zea Wetzlaugk | De Dolfijn | 33.43 | 200604780 | 34.51 | |
| 3. | Emma Riemers | MSV-Zeemacht | 32.75 | 200500748 | 34.86 | |
| 4. | Hiba Aboulas | De Dolfijn | 35.23 | 200600870 | 37.67 | |
| Senioren 1 en ouder | | | | | | |
| 1. | Femke Hoppenbrouwer | De Dolfijn | 29.51 | 200301124 | 30.49 | |
| 2. | Jade Broek | Oeza | 31.17 | 199702300 | 32.52 | |
| 3. | Jonna Wieling | De Dolfijn | 31.30 | 200205266 | 32.56 | |
| 4. | Daphne ten Brink | Team Noord Holland 1 | 32.79 | 198500454 | 33.78 | |
| 5. | Eline Hoekstra | Oeza | 32.02 | 200301280 | 34.66 | |
| AFGEM | Amber van der Kruk | MSV-Zeemacht | 33.21 | 200102730 | | S14 |
| AFGEM | Athina Economon | AZ&PC De Futen | 34.05 | 200402438 | | |

Provinciaal Kampioenschap NH dl 1
Amsterdam, 14- - 15-5-2022

Programmanr. 15
15-5-2022 - 15:04

Heren, 100m rugslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | | tijd | RT |
|----------------------------|---|----------------------|---------|-----------|----------------|--------|
| Junioren 1 en 2 | | | | | | |
| 1. | Willem Weustink | Team Noord Holland 1 | 1:07.75 | 200800109 | 1:09.35 | |
| 2. | Rens Noordover | Team Noord Holland 1 | 1:12.88 | 200800237 | 1:13.91 | |
| 3. | Ario Mirza | De Dolfijn | 1:11.44 | 200801175 | 1:14.33 | |
| 4. | Cruz de Groot | Team Noord Holland 1 | 1:18.42 | 200801077 | 1:15.82 | |
| 5. | Alex Kuijper | Oeza | 1:17.81 | 200802137 | 1:15.86 | |
| 6. | Daniël Wegman | Oceanus | 1:13.97 | 200802843 | 1:16.00 | |
| 7. | Tibbe Quist | Kon AZ 1870 | 1:16.10 | 200801359 | 1:16.18 | |
| 8. | Sven Bakker | Team Noord Holland 1 | 1:16.91 | 200900085 | 1:17.23 | |
| 9. | Jelte de Jong | Zpch | 1:15.60 | 200900975 | 1:17.31 | |
| 10. | Finn Hilders | De Dolfijn | 1:19.23 | 200900283 | 1:17.48 | |
| 11. | Jelmer Miedema | IJsselmeer | 1:15.69 | 200800467 | 1:17.99 | |
| 12. | Eito Sakaguchi | AZ&PC De Futen | 1:14.59 | 200902905 | 1:18.85 | |
| 13. | Daan de Jongh | ZV New Wave Almere | 1:17.18 | 200800269 | 1:19.41 | |
| 14. | Mike Hilders | De Dolfijn | 1:17.94 | 200900281 | 1:19.77 | |
| 15. | Ties Hesse | Team Noord Holland 1 | 1:22.03 | 200901015 | 1:19.89 | |
| 16. | Steven Knol | WZ&PC Triton | 1:21.31 | 200900543 | 1:20.08 | |
| 17. | Alexander Griston | De Dolfijn | 1:15.70 | 200803053 | 1:20.60 | |
| 18. | Suraj Baladurage | Team Noord Holland 1 | 1:16.34 | 200801291 | 1:20.75 | |
| 19. | Bram Oudendijk | Daw | 1:21.26 | 200900185 | 1:23.48 | |
| 20. | Adam Ayari | Oeza | 1:18.87 | 200802797 | 1:23.78 | |
| 21. | Mika Hebing | WZ&PC Purmerend | 1:21.32 | 200800027 | 1:24.06 | |
| 22. | Joshua van den Idsert | Daw | 1:21.85 | 200801919 | 1:24.75 | |
| 23. | Tim Meeuwissen | Zpch | 1:22.47 | 200901741 | 1:27.15 | |
| DIS | Isaiah Koningsbloem | Team Noord Holland 1 | 1:16.88 | 200800127 | | |
| | <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> | | | | | |
| AFGEM | Nawin Aria | De Dolfijn | 1:19.08 | 200803123 | | |
| Junioren 3 en 4 | | | | | | |
| 1. | Bram Loots | Team Noord Holland 1 | 1:00.69 | 200700197 | 1:02.79 | |
| 2. | Nándor Szabó | De Dolfijn | 1:04.77 | 200700475 | 1:06.93 | |
| 3. | Feico de Jonge | Team Noord Holland 1 | 1:04.28 | 200600047 | 1:07.50 | |
| 4. | Lars Kool | Daw | 1:12.28 | 200700511 | 1:11.88 | |
| 5. | Floris van der Salm | De Dolfijn | 1:14.47 | 200700705 | 1:12.88 | |
| 6. | Tijn Hilders | De Dolfijn | 1:08.56 | 200700027 | 1:14.85 | |
| 7. | Tobias Tamm | AZ&PC De Futen | 1:12.09 | 200703631 | 1:18.30 | |
| 8. | Dennis Najetovic | Daw | 1:15.40 | 200700897 | 1:18.52 | FJ 1 |
| 9. | Merijn Verhoeff | De Otters Het Gooi | 1:13.67 | 200604065 | 1:18.52 | FJ 2 |
| 10. | Christoph Smit | MSV-Zeemacht | 1:21.09 | 200702629 | 1:23.99 | S8 502 |
| Jeugd 1 en 2 | | | | | | |
| 1. | Emiel van Oord | De Dolfijn | 1:01.48 | 200503707 | 1:04.45 | |
| 2. | Andrei Turta | ZV New Wave Almere | 1:02.20 | 200404549 | 1:09.06 | |
| 3. | Shawn Klas | Kon AZ 1870 | 1:05.40 | 200402005 | 1:10.25 | |
| 4. | Tycho de Jonge | Team Noord Holland 1 | 1:06.27 | 200400411 | 1:11.23 | |
| 5. | Leon van Gelder | WZ&PC Purmerend | 1:06.10 | 200500621 | 1:11.77 | |
| Senioren 1 en ouder | | | | | | |
| 1. | Joep Hoogerwerf | De Dolfijn | 54.55 | 200204527 | 59.41 | |
| 2. | Faissal Laghrich | Kon AZ 1870 | 1:01.59 | 200301885 | 1:04.00 | |
| 3. | Jeroen Jongert | Oeza | 1:02.18 | 199600445 | 1:06.30 | |
| 4. | Sander Dorland | Team Noord Holland 1 | 1:03.91 | 199902643 | 1:07.94 | |

Provinciaal Kampioenschap NH dl 1
Amsterdam, 14- - 15-5-2022

Programmanr. 16
15-5-2022 - 15:16

Dames, 200m vlinderslag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 100m | 200m |
|------------------------|-----------------|--------------------|---------|-----------|----------------|---------|---------|
| Junioren 3 en 4 | | | | | | | |
| 1. | Britt Colijn | ZV New Wave Almere | 2:32.92 | 200700544 | 2:45.89 | 1:15.58 | 2:45.89 |
| 2. | Aukje Grijseels | ZV New Wave Almere | 2:43.08 | 200701208 | 2:48.59 | 1:16.63 | 2:48.59 |
| 3. | Pascalie Smal | Daw | 2:44.79 | 200802958 | 2:51.58 | 1:20.86 | 2:51.58 |
| 4. | Inger van Oord | ZV Haerlem | 2:42.72 | 200703912 | 2:53.28 | 1:21.31 | 2:53.28 |

Jeugd 1 en 2

| | | | | | | | |
|----|----------------|------------|---------|-----------|----------------|---------|---------|
| 1. | Evy Rozeboom | Daw | 2:20.69 | 200601338 | 2:22.00 | 1:09.01 | 2:22.00 |
| 2. | Djanilla Brink | De Dolfijn | 2:28.24 | 200600988 | 2:36.54 | 1:13.71 | 2:36.54 |

Senioren 1 en ouder

| | | | | | | | |
|----|----------------|----------------------|---------|-----------|----------------|---------|---------|
| 1. | Serena Stel | De Dolfijn | 2:13.76 | 199801528 | 2:20.22 | 1:06.33 | 2:20.22 |
| 2. | Eline Hoekstra | Oeza | 2:40.19 | 200301280 | 2:55.23 | 1:22.61 | 2:55.23 |
| 3. | Chantal Beijer | Team Noord Holland 1 | 2:41.17 | 199700884 | 2:58.49 | 1:21.20 | 2:58.49 |

Programmanr. 17
15-5-2022 - 15:23

Heren, 200m vrije slag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT | 100m | 200m |
|------------------------|-----------------------|----------------------|---------|-----------|----------------|---------|---------|
| Junioren 1 en 2 | | | | | | | |
| 1. | Giovanni Phillipson | Team Noord Holland 1 | 2:02.84 | 200801099 | 2:06.32 | 59.93 | 2:06.32 |
| 2. | Rens Noordover | Team Noord Holland 1 | 2:09.03 | 200800237 | 2:14.46 | 1:06.45 | 2:14.46 |
| 3. | Ties Hesse | Team Noord Holland 1 | 2:21.59 | 200901015 | 2:19.19 | 1:07.55 | 2:19.19 |
| 4. | Sven Bakker | Team Noord Holland 1 | 2:27.09 | 200900085 | 2:28.62 | 1:12.90 | 2:28.62 |
| 5. | Tibbe Quist | Kon AZ 1870 | 2:23.67 | 200801359 | 2:29.73 | 1:10.21 | 2:29.73 |
| 6. | Daniël Wegman | Oceanus | 2:24.81 | 200802843 | 2:30.20 | 1:13.41 | 2:30.20 |
| 7. | Dinand Kop | Zv de Ham | 2:26.54 | 200901001 | 2:30.39 | 1:14.05 | 2:30.39 |
| 8. | Isaiah Koningsbloem | Team Noord Holland 1 | 2:28.48 | 200800127 | 2:30.64 | 1:11.47 | 2:30.64 |
| 9. | Joshua van den Idsert | Daw | 2:33.58 | 200801919 | 2:33.35 | 1:14.56 | 2:33.35 |
| 10. | Amos Sabag | De Dolfijn | 2:41.96 | 200801791 | 2:34.81 | 1:11.31 | 2:34.81 |
| 11. | Daan de Jongh | ZV New Wave Almere | 2:27.80 | 200800269 | 2:35.69 | 1:14.15 | 2:35.69 |
| 12. | Steven Knol | WZ&PC Triton | 2:41.23 | 200900543 | 2:38.07 | 1:16.72 | 2:38.07 |
| 13. | Bram Oudendijk | Daw | 2:38.56 | 200900185 | 2:38.42 | 1:19.78 | 2:38.42 |
| 14. | Lucas Schouten | Zpch | 2:38.64 | 200901925 | 2:40.43 | 1:17.82 | 2:40.43 |
| 15. | Tim Meeuwissen | Zpch | 2:37.29 | 200901741 | 2:40.87 | 1:19.13 | 2:40.87 |
| 16. | Rafael Bleeker | Zv de Ham | 2:41.74 | 200801697 | 2:42.64 | 1:21.09 | 2:42.64 |
| 17. | Jens de Mayer | De Reuring | 2:40.43 | 200900775 | 2:43.26 | 1:19.55 | 2:43.26 |
| 18. | Jelmer Miedema | IJsselmeer | 2:39.80 | 200800467 | 2:44.70 | 1:19.28 | 2:44.70 |
| 19. | Figo van Duuren | Zpch | 2:44.25 | 200800391 | 2:44.73 | 1:22.61 | 2:44.73 |
| 20. | Mika Hebing | WZ&PC Purmerend | 2:37.22 | 200800027 | 2:44.88 | 1:20.91 | 2:44.88 |
| 21. | Adam Ayari | Oeza | 2:29.61 | 200802797 | 2:45.65 | 1:11.60 | 2:45.65 |
| 22. | Owen Glover | De Otters Het Gooi | 2:44.30 | 200901913 | 2:46.02 | 1:22.11 | 2:46.02 |
| 23. | Jacco Bolte | WZ&PC Triton | 2:49.97 | 200900607 | 2:48.22 | 1:21.25 | 2:48.22 |
| 24. | Koen van der Puijl | AZ&PC De Futen | 2:47.33 | 200802961 | 2:55.50 | 1:20.33 | 2:55.50 |
| AFGEM | David van Oosterom | IJsselmeer | 2:44.95 | 200900551 | | | |

Junioren 3 en 4

| | | | | | | | |
|-----|----------------------|----------------------|---------|-----------|----------------|---------|---------|
| 1. | Bram Loots | Team Noord Holland 1 | 1:57.08 | 200700197 | 2:00.87 | 58.37 | 2:00.87 |
| 2. | Marnix Rietveld | ZV Haerlem | 2:02.67 | 200700939 | 2:07.98 | 1:01.66 | 2:07.98 |
| 3. | Mike Tjepkema | ZV Haerlem | 2:09.78 | 200603029 | 2:11.07 | 1:01.90 | 2:11.07 |
| 4. | Nándor Szabó | De Dolfijn | 2:02.29 | 200700475 | 2:14.09 | 1:02.84 | 2:14.09 |
| 5. | Feico de Jonge | Team Noord Holland 1 | 2:04.94 | 200600047 | 2:14.81 | 1:04.76 | 2:14.81 |
| 6. | Lars Kool | Daw | 2:22.75 | 200700511 | 2:19.72 | 1:07.62 | 2:19.72 |
| 7. | Ruben van Deenen | Zpch | 2:14.93 | 200603757 | 2:21.15 | 1:06.04 | 2:21.15 |
| 8. | Thijmen van Boheemen | MSV-Zeemacht | 2:19.62 | 200700231 | 2:22.38 | 1:08.21 | 2:22.38 |
| 9. | Lou van Leeuwen | De Dolfijn | 2:21.08 | 200702779 | 2:22.41 | 1:08.61 | 2:22.41 |
| 10. | Jan van Dreumel | ZV Haerlem | 2:17.53 | 200600167 | 2:22.85 | 1:10.26 | 2:22.85 |
| 11. | Floris van der Salm | De Dolfijn | 2:29.15 | 200700705 | 2:24.47 | 1:10.38 | 2:24.47 |
| 12. | Jidde Rademaker | De Reuring | 2:21.95 | 200603619 | 2:25.74 | 1:10.23 | 2:25.74 |

Provinciaal Kampioenschap NH dl 1
Amsterdam, 14- - 15-5-2022

Programmanr. 17, Jongens, 200m vrije slag, Junioren 3 en 4

| rang | naam | vereniging | intijd | tijd | RT | 100m | 200m |
|-------|--------------------|--------------------|---------|-----------|-------------------|-------------|---------|
| 13. | Merijn Verhoeff | De Otters Het Gooi | 2:24.56 | 200604065 | 2:26.70 | 1:10.40 | 2:26.70 |
| 14. | Alex Kossen | ZV Haerlem | 2:25.85 | 200701863 | 2:27.88 | 1:11.20 | 2:27.88 |
| 15. | Jaimie van Asselen | De Dolfijn | 2:23.44 | 200602535 | 2:29.73 | 1:08.51 | 2:29.73 |
| 16. | Derek Smit | De Reuring | 2:32.80 | 200702055 | 2:31.71 | 1:11.27 | 2:31.71 |
| 17. | Twan Nigten | Zpch | 2:23.92 | 200604255 | 2:32.59 | 1:11.59 | 2:32.59 |
| 18. | Christoph Smit | MSV-Zeemacht | 2:45.05 | 200702629 | S8 3:03.35 | 370 1:27.73 | 3:03.35 |
| AFGEM | Julian Hendriks | De Otters Het Gooi | 2:41.86 | 200603717 | S7 | | |

Jeugd 1 en 2

| | | | | | | | |
|----|----------------------|----------------------|---------|-----------|----------------|---------|---------|
| 1. | Bart de Waard | ZV Haerlem | 2:02.90 | 200403969 | 2:03.03 | 58.96 | 2:03.03 |
| 2. | Tycho de Jonge | Team Noord Holland 1 | 1:58.96 | 200400411 | 2:07.99 | 1:01.33 | 2:07.99 |
| 3. | Lucas Douwma | Zpch | 2:06.97 | 200401337 | 2:13.36 | 1:04.95 | 2:13.36 |
| 4. | Owen Michels | De Amstel | 2:12.00 | 200402293 | 2:18.09 | 1:05.49 | 2:18.09 |
| 5. | Leon Moreira Pereira | Kon AZ 1870 | 2:12.81 | 200504001 | 2:19.18 | 1:04.93 | 2:19.18 |
| 6. | Matthew O'Sullivan | De Dolfijn | 2:11.81 | 200502609 | 2:21.87 | 1:09.09 | 2:21.87 |
| 7. | Thijmen Wender | Team Noord Holland 1 | 2:14.50 | 200502339 | 2:22.85 | 1:07.06 | 2:22.85 |

Senioren 1 en ouder

| | | | | | | | |
|-------|-------------------|----------------------|---------|-----------|----------------|---------|---------|
| 1. | Tim Hoogerwerf | De Dolfijn | 1:45.18 | 200005587 | 1:53.55 | 55.28 | 1:53.55 |
| 2. | Jesse van der A | De Dolfijn | 1:54.11 | 199905303 | 2:00.97 | 58.79 | 2:00.97 |
| 3. | Nino Sieling | De Dolfijn | 1:52.09 | 199701845 | 2:02.59 | 58.32 | 2:02.59 |
| 4. | Felix Geenen | Daw | 1:59.90 | 199501085 | 2:04.44 | 58.83 | 2:04.44 |
| 5. | Rick Offringa | Oeza | 2:02.97 | 200300979 | 2:08.77 | 1:02.17 | 2:08.77 |
| 6. | Jeffrey Camphens | Team Noord Holland 1 | 2:04.67 | 199503113 | 2:11.96 | 1:04.04 | 2:11.96 |
| 7. | Faissal Laghrich | Kon AZ 1870 | 2:03.99 | 200301885 | 2:13.79 | 1:04.29 | 2:13.79 |
| 8. | Remco de Heij | Zpch | 2:06.92 | 200200161 | 2:14.85 | 1:04.26 | 2:14.85 |
| 9. | Jeroen Jongert | Oeza | 2:03.48 | 199600445 | 2:16.65 | 1:03.75 | 2:16.65 |
| AFGEM | Bart Sommeling | De Dolfijn | 1:46.22 | 199800765 | | | |
| AFGEM | Thomas Vastenhout | Zpch | 2:06.43 | 200204545 | | | |
| AFGEM | Sander Dorland | Team Noord Holland 1 | 2:05.79 | 199902643 | | | |

Programmanr. 18
15-5-2022 - 15:47

Dames, 100m vrije slag

Senioren Open
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------------------------|-----------------------|--------------------|---------|-----------|---------------------|
| Junioren 1 en 2 | | | | | |
| 1. | Jenny Muntinga | Zpch | 1:04.94 | 200900450 | 1:05.32 |
| 2. | Madeleine Bertram | WZ&PC Purmerend | 1:04.45 | 200900516 | 1:05.33 |
| 3. | Amber Kunst | Daw | 1:06.18 | 200900680 | 1:06.56 |
| 4. | Puck van Wees | De Dolfijn | 1:07.98 | 200901020 | 1:08.69 |
| 5. | Nikki Hofland | MSV-Zeemacht | 1:06.98 | 200900244 | 1:08.70 |
| 6. | Isis Verhoeff | De Otters Het Gooi | 1:07.26 | 200902962 | 1:08.77 |
| 7. | Mette Boorsma | De Otters Het Gooi | 1:08.27 | 200900186 | 1:08.87 |
| 8. | Yara van Asselen | De Dolfijn | 1:08.04 | 200900408 | 1:09.48 |
| 9. | Linou van Kampen | Zpch | 1:10.09 | 201000594 | 1:10.70 |
| 10. | Liana Wetzlaugk | De Dolfijn | 1:07.34 | 200902398 | 1:11.59 |
| 11. | Flo Streep | Daw | 1:12.01 | 200900676 | 1:11.91 |
| 12. | Patricia de Leu | De Reuring | 1:12.24 | 200900982 | 1:12.07 |
| 13. | Dante van Meene | Daw | 1:12.08 | 200900678 | 1:12.15 |
| 14. | Eva Leuerman | Daw | 1:12.91 | 200901216 | 1:12.30 |
| 15. | Ella Gray | De Dolfijn | 1:12.90 | 200903654 | 1:12.64 |
| 16. | Dewi Meijer | De Dolfijn | 1:10.05 | 201000302 | 1:12.87 |
| 17. | Celine Man-a-Hing | AZ&PC De Futen | 1:18.34 | 200901132 | 1:16.28 |
| 18. | Carla Moreno Palacios | De Dolfijn | 1:13.13 | 201002302 | 1:16.47 |
| 19. | Yasmine Trommel | IJsselmeer | 1:19.46 | 200902516 | 1:17.30 |
| | Liv van Wilgen | Kon AZ 1870 | 1:22.09 | 200901578 | 1:17.30 |
| 21. | Abby Kootstra | WZ&PC Triton | 1:16.52 | 201000264 | 1:17.36 FJ 1 |
| 22. | Nora Vos | IJsselmeer | 1:17.89 | 200903532 | 1:17.36 FJ 2 |
| 23. | Yuna van den Idsert | Daw | 1:21.12 | 201001196 | 1:18.88 |
| 24. | Anne Somers | De Otters Het Gooi | 1:17.95 | 200901640 | 1:18.90 |
| 25. | Dana Halff | Zv de Ham | 1:17.90 | 201000392 | 1:19.99 |
| 26. | Noëmi Kroon | Zpch | 1:21.62 | 201000596 | 1:20.56 |
| 27. | Frederique Grijpink | De Otters Het Gooi | 1:19.88 | 201001218 | 1:21.22 |

Provinciaal Kampioenschap NH dl 1
Amsterdam, 14- - 15-5-2022

Programmanr. 18, Meisjes, 100m vrije slag, Junioren 1 en 2

| rang | naam | vereniging | intijd | | tijd | RT |
|-------|--------------------|----------------|---------|-----------|----------------|------|
| 28. | Estée Drolinga | Zv Aquawaard | 1:18.87 | 201000766 | 1:22.14 | |
| 29. | Rosina Kromhout | Daw | 1:19.57 | 200902490 | 1:22.30 | |
| 30. | Emilie Thomas | Daw | 1:22.91 | 200903500 | 1:22.47 | |
| 31. | Olivia van Kempen | AZ&PC De Futen | 1:21.97 | 200901540 | 1:22.62 | |
| 32. | Kate Verburg | Zpch | 1:21.24 | 200903204 | 1:23.48 | FJ 1 |
| 33. | Jasmijn van Ederen | Zv de Ham | 1:21.11 | 201000434 | 1:23.48 | FJ 2 |
| 34. | Soraya Lopes | Oceanus | 1:22.22 | 201000038 | 1:23.75 | |
| 35. | Noa Jaffe | De Dolfijn | 1:21.29 | 201000726 | 1:24.46 | |
| AFGEM | Chaya Bremer | MSV-Zeemacht | 1:19.26 | 200900372 | | |
| AFGEM | Megan Snoek | De Dolfijn | 1:08.64 | 200900888 | | |

Junioren 3 en 4

| | | | | | | |
|-------|-----------------------|---------------------------|---------|-----------|----------------|-----|
| 1. | Angelina Rolman | De Dolfijn | 56.18 | 200701972 | 58.95 | |
| 2. | Rafaela Mulders | De Reuring | 1:00.74 | 200701398 | 1:02.25 | |
| 3. | Eefje Irvine | De Dolfijn | 1:01.19 | 200700164 | 1:02.82 | |
| 4. | Emma Rose Buitenkamp | De Dolfijn | 1:01.22 | 200801898 | 1:03.47 | |
| 5. | Mint van Wees | De Dolfijn | 1:03.83 | 200801328 | 1:04.71 | |
| 6. | Floortje van 't Wout | De Dolfijn | 1:04.40 | 200802286 | 1:05.15 | |
| 7. | Eline van Rijn | Daw | 1:02.31 | 200700918 | 1:05.23 | |
| 8. | Libhin Boon | Daw | 1:03.68 | 200701792 | 1:05.53 | |
| 9. | Marre Rademaker | De Reuring | 1:05.65 | 200801792 | 1:06.75 | |
| 10. | Britt Colijn | ZV New Wave Almere | 1:03.72 | 200700544 | 1:06.81 | |
| 11. | Bette Peetoom | Daw | 1:05.63 | 200801808 | 1:07.11 | |
| 12. | Sofya Kuznetsova | De Dolfijn | 1:05.59 | 200704458 | 1:07.43 | |
| 13. | Ayse Mayda | Team Noord Holland 1 | 1:06.34 | 200800514 | 1:07.86 | |
| 14. | Mirre van Wijngaarden | De Dolfijn | 1:04.94 | 200800262 | 1:08.02 | |
| 15. | Pippi Achterberg | Oceanus | 1:05.76 | 200700902 | 1:08.63 | |
| 16. | Rebecca van Oosterom | IJsselmeer | 1:09.02 | 200700808 | 1:09.12 | |
| 17. | Tara de Jong | Daw | 1:07.63 | 200701574 | 1:09.56 | |
| 18. | Lillian Green | De Dolfijn | 1:05.03 | 200704534 | 1:09.62 | |
| 19. | Senna van Laar | De Dolfijn | 1:07.78 | 200700726 | 1:09.85 | |
| 20. | Mara Koppen | Team Noord Holland 1 | 1:07.82 | 200800478 | 1:09.90 | |
| 21. | Guusje Winkel | Zpch | 1:10.71 | 200704012 | 1:10.03 | |
| 22. | Nora de Hollander | Oceanus | 1:07.43 | 200702874 | 1:10.23 | |
| 23. | Sophia Wu | De Meeuwen Diemen | 1:10.10 | 200801296 | 1:10.30 | |
| 24. | Kirsten Hartwijk | WZ&PC Purmerend | 1:11.02 | 200704194 | 1:11.23 | |
| 25. | Naomi Horstman | De Meeuwen Diemen | 1:08.81 | 200700722 | 1:11.40 | |
| 26. | Meret Caspers | ZV Haerlem | 1:10.94 | 200802826 | 1:12.05 | |
| 27. | Chiara Caumon | De Otters Het Gooi | 1:09.23 | 200703266 | 1:12.06 | |
| 28. | Brianna Voorhout | Daw | 1:10.09 | 200702342 | 1:12.25 | |
| 29. | Puck Stassen | ZV Haerlem | 1:10.81 | 200801456 | 1:12.64 | |
| 30. | Jennifer de Vries | Enkhuizer Zwem Vereniging | 1:13.80 | 200700736 | 1:13.22 | |
| 31. | Dewi ten Have | Zpch | 1:10.12 | 200703738 | 1:13.75 | |
| 32. | Kim van Wijk | WZ&PC Purmerend | 1:11.98 | 200702536 | 1:14.05 | |
| 33. | Femke Paus | MSV-Zeemacht | 1:13.12 | 200701772 | 1:14.22 | |
| 34. | Sophie Stahl | De Dolfijn | 1:14.47 | 200801202 | 1:14.59 | |
| 35. | Tamira Anna Rasban | Daw | 1:12.60 | 200801810 | 1:15.66 | |
| 36. | Emma Marsman | MSV-Zeemacht | 1:13.80 | 200800814 | 1:15.73 | |
| 37. | Isabelle Toole | AZ&PC De Futen | 1:13.11 | 200801982 | 1:15.89 | |
| 38. | Jenna Gorter | De Otters Het Gooi | 1:31.97 | 200702746 | 1:32.14 | S9 |
| AFGEM | Anne Demmers | Zv de Ham | 1:06.01 | 200800412 | | 303 |

Jeugd 1 en 2

| | | | | | |
|-----|-----------------------|--------------------|---------|-----------|----------------|
| 1. | Francesca Coppo | De Dolfijn | 59.67 | 200501242 | 1:01.18 |
| 2. | Melissa Odemis | De Dolfijn | 1:01.06 | 200602422 | 1:02.23 |
| 3. | Kim Oudendijk | Daw | 59.99 | 200600964 | 1:02.32 |
| 4. | Emma Riemers | MSV-Zeemacht | 1:00.04 | 200500748 | 1:02.40 |
| 5. | Zea Wetzlaugk | De Dolfijn | 1:01.88 | 200604780 | 1:04.07 |
| 6. | Famke Irvine | De Otters Het Gooi | 1:02.07 | 200501724 | 1:04.41 |
| 7. | Linde van Wijngaarden | De Dolfijn | 1:04.17 | 200601372 | 1:04.94 |
| 8. | Yuan Swart | De Otters Het Gooi | 1:04.38 | 200604754 | 1:05.79 |
| 9. | Nicole Stahl | De Dolfijn | 1:08.32 | 200600542 | 1:08.22 |
| 10. | Dido Toornend | ZV Haerlem | 1:05.55 | 200501718 | 1:08.68 |
| 11. | Frédérique Bais | MSV-Zeemacht | 1:08.54 | 200505160 | 1:10.26 |
| 12. | Isabella Grijseels | ZV New Wave Almere | 1:07.39 | 200502678 | 1:10.84 |
| NG | Floortje van Schaik | De Meeuwen Diemen | 1:07.28 | 200602294 | |

Provinciaal Kampioenschap NH dl 1
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Programmanr. 18, Dames, 100m vrije slag

Senioren 1 en ouder

| | | | | | | |
|-------|---------------------|----------------------|---------|-----------|-----|---------------------|
| 1. | Femke Hoppenbrouwer | De Dolfijn | 55.54 | 200301124 | | 57.23 |
| 2. | Elise Tanis | De Dolfijn | 56.41 | 200200120 | | 57.42 |
| 3. | Tessa Vermeulen | De Dolfijn | 54.28 | 199800068 | | 58.19 |
| 4. | Myrna van Duijven | De Dolfijn | 56.91 | 199900252 | | 1:00.82 FJ 1 |
| 5. | Jonna Wieling | De Dolfijn | 57.37 | 200205266 | | 1:00.82 FJ 2 |
| 6. | Alysha de Jong | Zpch | 59.53 | 200400086 | | 1:01.52 |
| 7. | Yvette Buis | De Dolfijn | 1:03.21 | 200401830 | | 1:03.65 |
| 8. | Jade Broek | Oeza | 1:01.82 | 199702300 | | 1:04.98 |
| 9. | Daphne ten Brink | Team Noord Holland 1 | 1:02.37 | 198500454 | | 1:05.94 |
| AFGEM | Amber van der Kruk | MSV-Zeemacht | 1:02.23 | 200102730 | S14 | |
| AFGEM | Naomi Visser | Oceanus | 1:03.95 | 200304074 | | |
| AFGEM | Athina Economon | AZ&PC De Futen | 1:04.33 | 200402438 | | |
| NG | Amber Celie | De Dolfijn | 57.88 | 200300756 | | |

Programmanr. 19
15-5-2022 - 16:11

Jongens, 4 x 100m wisselslag

Junioren 1-4
Resultaten

| rang | vereniging | intijd | tijd | RT |
|------|--|----------|--|----------|
| 1. | Team Noord Holland 1 | 4:20.84 | 4:23.28 | |
| | Willem Weustink Giovanni Phillipson | 08 08 | 1:08.23 Bram Loots Feico de Jonge | 07 06 |
| 2. | De Dolfijn 1 | 4:31.50 | 4:40.68 | |
| | Ario Mirza Tijn Hilders | 08 07 | 1:14.11 Nándor Szabó Jaimie van Asselen | 07 06 |
| 3. | AZ&PC De Futen 1 | 4:37.96 | 4:44.48 | |
| | Tobias Tamm Pedro Filipini | 07 06 | 1:17.42 Rafael Fichtner Eito Sakaguchi | 07 09 |
| 4. | Team Noord Holland 2 3e zwemmer | 4:48.98 | 4:59.24 | |
| | Isaiah Koningsbloem Cruz de Groot | 08 08 | 1:21.03 Rens Noordover Suraj Baladurage | 08 08 |
| DIS | De Dolfijn 2 | 4:52.67 | | |
| | <i>VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.</i> | | | |
| | Floris van der Salm Alexander Griston | 07 08 | 1:13.05 Lou van Leeuwen Finn Hilders | 07 09 |
| DIS | Daw 1 | 5:24.39 | | |
| | <i>EA - Te vroeg overgenomen., 3e zwemmer</i> | | | |
| | Lars Kool Bram Oudendijk | 07 09 | 1:11.25 Dennis Najetovic Joshua van den Idsert | 07 08 |

Programmanr. 20
15-5-2022 - 16:17

Heren, 4 x 100m wisselslag

Senioren Open
Resultaten

| rang | vereniging | intijd | tijd | RT |
|------|------------------------------------|----------|---|----------|
| 1. | De Dolfijn 1 | 3:36.06 | 4:04.80 | |
| | Joep Hoogerwerf Ties Elzerman | 02 95 | 59.23 Tim Hoogerwerf Amos Sabag | 00 08 |
| 2. | De Dolfijn 2 | 3:56.54 | 4:16.45 | |
| | Nino Sieling Matthew O'Sullivan | 97 05 | 1:04.80 Emiel van Oord Jesse van der A | 05 99 |
| 3. | Kon AZ 1870 1 | 4:38.16 | 4:34.49 | |
| | Faissal Laghrich Shawn Klas | 03 04 | 1:03.81 Giljano Palm Leon Moreira Pereira | 04 05 |

Provinciaal Kampioenschap NH dl 1
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Programmanr. 21
15-5-2022 - 16:23

Meisjes, 4 x 100m vrije slag

Junioren 1-4
Resultaten

| rang | vereniging | intijd | tijd | RT | |
|------|---|------------------------|---|---------------------|--|
| 1. | De Dolfijn 1 Mint van Wees Emma Rose Buitenkamp | De Dolfijn 08 08 | 4:03.53 1:04.71 Eefje Irvine Angelina Rolman | 4:10.96 07 07 | |
| 2. | De Dolfijn 2 Floortje van 't Wout Lillian Green | De Dolfijn 08 07 | NT 1:05.78 Mirre van Wijngaarden Sofya Kuznetsova | 4:35.00 08 07 | |

Programmanr. 22
15-5-2022 - 16:28

Dames, 4 x 100m vrije slag

Senioren Open
Resultaten

| rang | vereniging | intijd | tijd | RT | |
|------|---|--------------------------------|---|---------------------|--|
| 1. | De Dolfijn 1 Serena Stel Elise Tanis | De Dolfijn 98 02 | 3:39.58 58.31 Femke Hoppenbrouwer Tessa Vermeulen | 3:53.01 03 98 | |
| 2. | De Dolfijn 2 Indira van Aggele Jonna Wieling | De Dolfijn 08 02 | 3:48.22 1:03.41 Myrna van Duijven Djanilla Brink | 4:07.87 99 06 | |
| 3. | De Otters Het Gooi 1 Famke Irvine Isis Verhoeff | De Otters Het Gooi 05 09 | 4:21.98 1:05.08 Mette Boorsma Yuan Swart | 4:33.07 09 06 | |
| 4. | Daw 1 Pascalle Smal Bette Peetoom | Daw 08 08 | 4:43.42 1:08.33 Libhin Boon Eline van Rijn | 4:37.54 07 07 | |
| 5. | AZ&PC De Futen 1 Isabelle Toole Celine Man-a-Hing | AZ&PC De Futen 08 09 | 5:06.79 1:17.97 Olivia van Kempen Nikki Dekker | 5:12.55 09 08 | |